

sandwiches • salads • fruits • milk

**Free Summer Meals!**  
**Comidas de Verano Gratis!**

**Kids and teens 18 and under**  
**Niños y adolescentes de 18 años y menos**

**EHC!** **USDA** **CSDE**

FOR SITES NEAR YOU, CALL/LLAME **211**  
 TEXT **CTmeals** TO **877877**  
[www.CTSummerMeals.org](http://www.CTSummerMeals.org)

USDA IS AN EQUAL OPPORTUNITY PROVIDER

# Breakfast SSO MENU 2021

For further information about the summer meal program please call 860-704-4519.



## Breakfast Seamless Summer Option (SSO)

**Monday**

Cheerios Cereal, Bear grahams, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk

**Tuesday**

WW Bagel with cream cheese, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk

**Wednesday**

Red-sugar Cinnamon Toast Crunch Cereal, String Cheese, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk

**Thursday**

Assorted WG Muffins, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk

**Friday**

Mini Cinnamon Roll, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk