

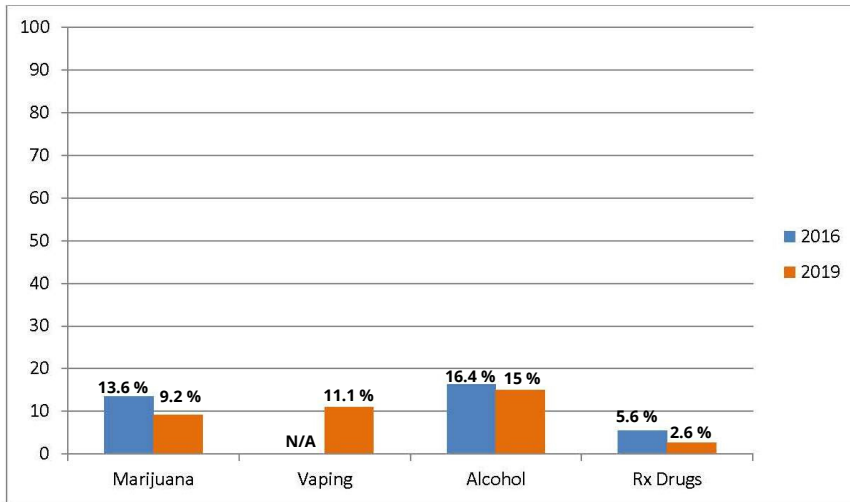
2019 Student Survey Results

Middletown students in grades 7-12 were surveyed on their own substance use, perceived risk of harm, and perceived parent and peer disapproval.

Success: Past 30-day use is down

**Risk Factors: 1. Perception of harm
2. Peer norms**

**Future Focus: 1. Increase awareness of risk
2. Increase peer disapproval rate**



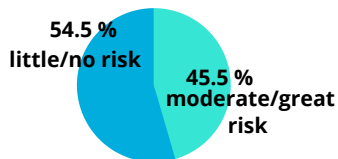
Reported past 30 day use

Results show a **decrease** in reported past 30 day use from 2016 to 2019.

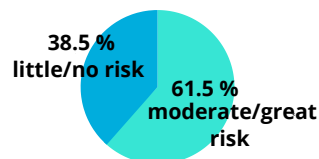


% of students who report use of a substance in the past 30 days.

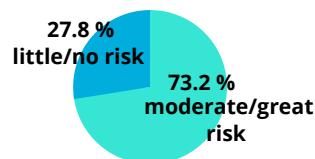
Student's perception of harm



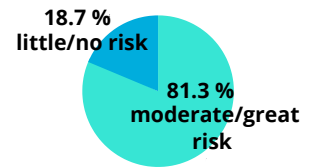
More than half of students felt **smoking marijuana** 1-2 x per week **had little or no risk**.



61.5% of students felt **vaping** several days per week to be a **great risk**.

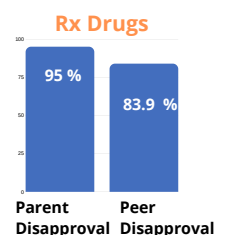
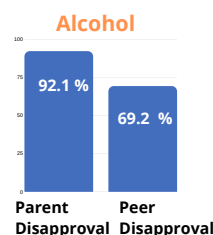
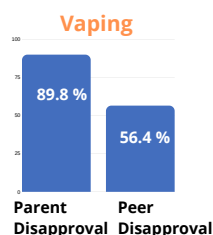
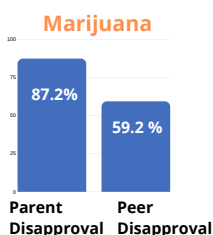


73.2% of students believed **binge-drinking** to be a **great risk**.



81.3% of students believed **using Rx Drugs** not prescribed to you to be a **great risk**.

Parent vs Peer disapproval rates



% of students who believe their parents/peers would disapprove of substance use.

Summary of Results

- There has been a consistent decrease in 30-day use of marijuana (↓ 39%), alcohol (↓ 8.5%), and non-prescribed prescription drugs (↓ 53.6%) compared to the 2016 Search Institute A&B findings in Middletown.
- There have been decreases in the perceived risk of using marijuana (↓ 32.1%) and non-prescribed prescription drugs (↓ 1.4%), but a slight uptick in the perceived risk of binge drinking (↑ 0.4%) compared with 2016. This pattern of decreases in perceived risk is typically not consistent with the reported drop in usage reported.
- Overall, the perception of parental disapproval has remained largely unchanged from 2016. Disapproval ratings dropped 0.45% for marijuana and 1.5% for alcohol, while increased 0.4% for prescription drug use.
- On the other hand, there have been consistent decreases in perceived disapproval from peers for all three substances since 2016: marijuana is down 9.9%, alcohol, 17.8%, and prescription drugs disapproval declined 11.7%.
- About 1 student in 9 has vaped in the past 30 days. By 12th grade, the majority of students reporting use are vaping regularly (3 times a month or more).
- The most frequent material being vaped was flavored liquids followed by marijuana.

Response Rates

There is a low response rate at the high school level, particularly from eleventh grade due to an unforeseen scheduling conflict which prevented most 11th grade students from taking the survey. Because of this, 11th grade responses were eliminated from the overall percentage rates.

What's next?...

Rushford Prevention staff, The Middletown Substance Abuse Prevention Council and Middletown youth are working on a student-led social marketing campaign to address the low perception of harm and social acceptance of substance use. The #WeKnowTheRisk Campaign is a regional prevention campaign which will increase the awareness of risks of youth substance use. Middletown's primary focus will be on marijuana use and vaping. We look forward to a Spring release date for the #WeKnowTheRisk Campaign.