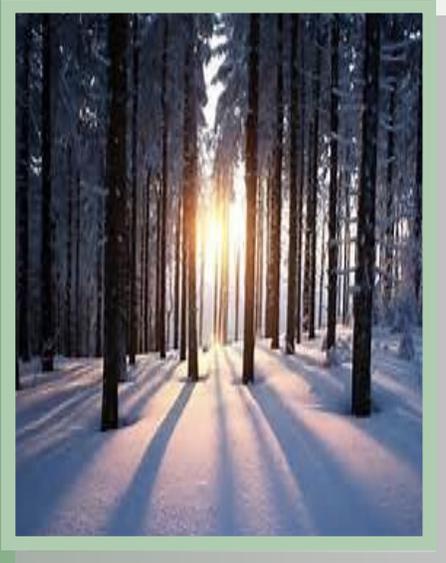


Middletown Recreation & Community Services

WINTER AND SPRING BROCHURE



Featuring activities running from January 1 - April 30, 2017
With information and registration for summer youth day camps



Our summer brochure will feature activities running from:
May 1 - August 31, 2017

www.middletownct.gov/recreation

KIDS ARTS 2017 REGISTRATION FORMS

Available January 15 through the public schools, or the Arts Office, or online: middletownct.gov/arts
Call: 860.638.4510 or email: arts@middletownct.gov

GENERAL INFORMATION

OFFICE HOURS:

SENIOR & COMMUNITY CENTER:

Monday - Friday, 8:30 a.m. until 4:30 p.m.
excluding state and federal holidays.

PARKS OFFICE:

Monday - Friday 7:00 a.m.- 3:30 p.m.

MEDICAL: The City of Middletown has liability insurance but does not carry accident insurance for participants. Personal health and accident insurance is recommended. All participants must sign our medical release/parental permission slip form before participating in our programs. For participants under the age of eighteen a parental signature is required.

RESIDENT/NON~RESIDENT: Resident and nonresident taxpayers will be given priority in registering for Middletown Recreation programs. Nonresident taxpayers are defined as individuals owning real estate in the City of Middletown in accordance with 214~40 B (2) of the Middletown Code of Ordinance.

FEE WAIVERS:

This only refers to City funded programs.

Recreational Fees will be waived for senior citizens 60 years and older who are Middletown residents or nonresident Middletown taxpayers in accordance with 214-40 (A) of the Middletown Code of Ordinance.

RETURNED CHECKS:

There is a \$10.00 fee for a returned check.

RECEIPTS: No receipts will be mailed unless a self addressed, stamped envelope is provided.

The City is planning ways to get Middletown moving, including investments in existing parks and open space, development along the riverfront, & exploring ways to improve connectivity throughout the City. *Middletown on the Move* is building on these efforts by working with residents to develop new recreational opportunities on currently underused brownfield properties. Brownfields are abandoned, empty, or underused properties where redevelopment is complicated by real or possible contamination and can pose some human health hazards. Check out the site to learn how you can help .

<http://www.middletownctonthemove.com/>



CITY OF MIDDLETOWN

Mayor Daniel T. Drew
Recreation and Community Services
Commission

Chair: Phil Pessina

Commissioners:

Mary Bartolotta	Lucy Bettencourt
Ed Dypa	Anthony Jaskot
Rick Romano	Sal Uccello

MIDDLETOWN RECREATION & COMMUNITY SERVICES PROGRAMS ARE HELD AT THE FOLLOWING LOCATIONS:

Bielefield	70 Maynard Street
Farm Hill	390 Ridge Road
Lawrence	Kaplan Drive
Macdonough	66 Spring Street
Moody	300 Country Club Road
Spencer	207 Westfield Street
Snow	299 Wadsworth Street
Wesley	Wesleyan Hills Road
Woodrow Wilson	370 Hunting Hill Ave
Middletown High	200 LaRosa Lane

Senior & Community Center:

61 Durant Terrace

Department Contact Information

RECREATION DIVISION:

61 Durant Terrace

Office Main	860.638.4500
Office Fax	860.344.3319
Acting Director: Debbie Stanley	860.638.4501
Recreation Supervisor: Karen Nocera	860.638.4502
Recreation Supervisor: Dean Wilborn	860.638.4503
Program/Budget Analyst: Jody Picard	860.638.4508
Office Clerk : Alison Sprague	860.638.4500
Email: rec@middletownct.gov	

Like us on Facebook! "Middletown Rec"

SENIOR DIVISION:

61 Durant Terrace

Office Main	860.638.4540
Office Fax	860.344.3319
Acting Director: Debbie Stanley	860.638.4501
Manager: Ann Gregg	860.638.4548
Coordinator: Heidi Geores	860.638.4541
Specialist: Laura Runte	860.638.4542
Office Clerk: Alison Sprague	860.638.4540
Email: seniors@middletownct.gov	

Like us on Facebook! "Middletown Senior Services"

PARKS DIVISION OF PUBLIC WORKS:

319 Butternut Street

Office Main	860.638.4520
Office Fax	860.343.8097
Parks Superintendent : Brian Young	860.638.4522
Parks Clerk: Christina Giurintano	860.638.4521
Field Conditions/Cancellations	860.344.3552

MCA/ARTS OFFICE:

245 deKoven Drive

Office Main	860.638.4800
Arts Coordinator: Stephan Allison	860.638.4510
www.middletownct.gov/arts	

PARK HOURS

Parks open sunrise to sunset for walk ins.

Winter: December 1 - February 28

Gates open 8:00 a.m. and close at 2:30 p.m.

Summer: March 1 - November 30

Gates open at 8:00 a.m. & close at sunset.

ADULT & YOUTH LEAGUE CONTACTS:

Ahern Whalen Baseball:

Steve Ladd	860.346.2515
Ed Wilcox	860.346.5379

Middletown Little League:

Andy Pretash	860.704.9461
www.middletownctlittleleague.org	

Middletown Youth Football & Cheerleading:

themiddletowntigers.com	
themiddletowntigers@gmail.com	

Middletown Youth Soccer:

Steve Crouch	860.347.9397
middletownsoccer.org	

Middletown Youth Lacrosse:

Pete Susi	860.469.5290
middletownyouthlacrosse@gmail.com	
middletownyouthlacrosse.org	

Prof. Gallitto Youth Basketball:

Coed Grades K-2: Recreation Division	860.638.4503
Boys Grades 3-8: Ron Brown	860.347.1766
Girls Grades K-8: Harold Panciera	860.346.6697
www.middletownsports.org	

OTHER CONTACT NUMBERS:

Animal Control	860.638.4030
Wadsworth Mansion	860.347.1064
Wadsworth State Park	860.344.2950
Chamber of Commerce	860.347.6924
Dept. of Energy and Environmental Protection	860.424.3000

KEEP IN MIND...

- ◆ **Programs and Fees are contingent on available funding.**
- ◆ **The Recreation & Community Services Staff has made every effort to prepare this brochure as accurately as possible.**
- ◆ **However, due to publication deadlines program listings/information may require that adjustments be made to programs, fees, schedules, etc.**



www.middletonct.gov/webtrac

Which form do I use?

- Use General Registration Form on page 19 for all other programs, unless otherwise indicated
- Use Youth Day Camp Registration Form on a page 17 and 18 for Summer Camp
- Use Youth Day Camp Registration Form on a page 13 for Spring Vacation Camp

It is my first time participating in a Recreation program.

How do I register online?

1. Visit www.middletonct.gov/webtrac
2. Create an account for your household
3. Be sure to add all your family members when creating an account
4. Select the family member and the activities you want to register for
5. Click “Add to Cart” located next to activity description
6. Click “Enroll Now” to begin checkout process
7. Submit payment with a debit/credit card
8. We accept Visa or MasterCard

I have participated in Recreation programs in the past.

How do I register online?

1. If you don't remember, please call the office to have your account username and password emailed to you
2. Be prepared to confirm the email address we have in the system
3. Visit www.middletonct.gov/webtrac
4. Log in using the credentials that were emailed to you
5. Select activities by clicking “Add to Cart,” located next to ‘Activity description’
6. Click “Enroll Now” to begin checkout process
7. Submit payment with a debit/credit card
8. We accept Visa or MasterCard

It is the participant (s) and/or parent (s), guardian (s) responsibility to have knowledge of and to adhere to our policies.

By signing our registration forms you agree to and accept our policies.

Unless otherwise noted, many of our programs are open to nonresidents.

PAYMENT: We accept cash, check, money orders, Visa/MasterCard.

ELECTRONIC VERSIONS: You can find the brochure, copies of all forms and register online on the city's website: www.middletonct.gov/recreation

1. www.middletonct.gov
2. Click "Departments" Tab
3. Click "Recreation and Community Services"
4. Click "Recreation Services"
5. For copies of forms, click: "Registration Information"

For the most up to date version of our brochure
please visit our website
www.middletonct.gov/recreation

PROGRAM CHANGES/CANCELLATIONS: Anyone making changes to their program registration must do so in writing, at least one week before the program begins, in the following manner: fax the changes to the Recreation Office at 860.344.3319, email rec@middletonct.gov, mail, or drop off using our mail box by the front entrance. It is the intent of our department that all participants enjoy their participation in our programs. We do not allow refunds after a program starts or for circumstances beyond the control of the department (i.e. weather, equipment failure, illness). Refund information and deadlines are different for some programs, depending on the start date. If Recreation cancels a program and a suitable program for a participant cannot be found, the full fee will be returned.

A \$25 Cancellation Fee will be charged for all refunds.

BUS TRIPS ARE NONREFUNDABLE.

OVER/UNDER ENROLLMENT: Most programs have minimum and maximum enrollments. Programs that do not reach a minimum size will be cancelled. A waiting list will be established for fully enrolled programs and additional sections may be added.

Recreation & Community Services Department Mission Statement

The Recreation & Community Services Department will enhance the quality of life for all Middletown residents with regard to recreational, athletic, leisure, and senior services. Through community partnerships, long range planning and professional management, the Department is committed to the highest level of equitable service, integrity, safety and fiscal management. We will enhance the dignity of seniors while supporting their wellness and independence and encouraging their community involvement.

YOUTH SPORTS GRANTS APPLICATIONS ARE AVAILABLE

WWW.MIDDLETOWNCT.GOV/DEPARTMENTS/RECREATION

http://www.cityofmiddletown.com/filestorage/117/123/159/Sports_Grant_App_16.pdf

DUE JANUARY 16TH

Any questions please contact : Debbie.Stanley@middletownct.gov

(860) 638-4501

Inclusion Mission Statement

Middletown Recreation and Community Services recognizes the value of including people with all levels of ability as a means of strengthening our community and providing a recreational choice. We provide opportunities for people with and without disabilities to experience recreation together. We strive to enhance each individual's potential for full and active participation through specialized programs designed for those who need more assistance. For specific information concerning policy and programming. Please call our office at 860.638.4500.

Please allow ten business days for our department to make any accommodations.

Middletown Recreation Division



• Snow Day Policy

- Check local news stations for Middletown Schools closings.
- If schools are CLOSED for the day, ALL RECREATION PROGRAMS ARE CANCELLED.
- If schools have early dismissal due to snow/ice, AFTERNOON AND EVENING RECREATION PROGRAMS ARE CANCELLED.
- When in doubt please call the Recreation Division ~ 860.638.4500

GENERAL SWIMMING INFORMATION

VETERAN'S POOL & McCUTCHEON PARK/CRYSTAL LAKE

1. Children 12 years and under must be accompanied by an adult 18 years or older at all times.
2. Children under 16 years must be accompanied by an adult during scheduled Public Swim times.

VETERAN'S MEMORIAL PARK & POOL 860.347.6171

Beginning August 6th, Veteran's Memorial Pool will close at 7:15 p.m. on a daily basis. Veteran's Memorial Park & Pool are located on Walnut Grove Road in Middletown off of Route 3 ~ Newfield Street



SWIM GRADUATION DATES:

There will be **NO PUBLIC SWIM** from 6:30 p.m. - 7:30 p.m. on the following Fridays
June 30, July 14, July 28 & August 11

TENTATIVE DATES OF OPERATION:

Pool opening Saturday, June 17 and Closing Sunday, August 13
 Pool Passes are available through the mail or from the Recreation Office only. Application on Page 9

Monday - Friday	9:00 – 12:00 am	Swimming Lessons
Monday - Friday	12:00 p.m. – 2:00 p.m	Camp Swim
Monday - Friday	1:30 p.m. – 4:30 p.m.	Public Swim
Monday - Friday	4:30 p.m. – 6:30 p.m.	Swim Team Practice
Monday - Friday	6:00 - 6:30 Small End only 6:00 p.m. - 7:45 p.m.	Public Swim
Saturday - Sunday	12:00 p.m.– 7:45 p.m.	Public Swim

Tuesday, July 4th Public Swim will be 12:05 p.m. to 4:30 p.m. and 6:00 - 7:45 p.m.

Daily Admission	Resident Fees	Non Resident Fees	Passes	Resident Fees	Non Resident Fees
Child 3 - 17	2.00	4.00	Individual	15.00	30.00
Adult 18 - 59	4.00	8.00	Family	25.00	50.00
Senior 60+	0.00	4.00	Senior 60+	0.00	30.00



McCUTCHEON PARK/CRYSTAL LAKE 860.343.8010

Swimming for Middletown Residents Only

McCUTCHEON Park is located on Livingston Road in Middletown

Dates of Operation: Monday, June 19 - Friday August 11

Public Swim: Every day 11:30 a.m. until 7p.m.

Middletown Residents please show your license at the gate and you will be allowed to enter the park and the lake.

Vet's Swim Team



Ages
5 - 18



Fun, Instructional
& Competitive

Registration

Please use Swim Registration form on pages 11 & 12

Resident: \$ 75

Nonresident: \$ 85

Swimmers are required to complete one 25 yard length of the pool prior to joining

Fees cover preseason and regular season

Activity # 133108~87

Preseason

May 9th to June 17th
2 or 3 evenings a week
depending on age

Woodrow Wilson Middle School

Regular Season

June 19 to August 4

Practices:

Monday – Friday
9:00~11:00am and/or
4:30~6:30pm

Email:

Vetsswimteam@gmail.com

Website:

<http://vetsswimteam.wix.com/vets>

Meets:

Primarily on weekday evenings

Additional practices may be scheduled

Goggles recommended



Monday, May 22
Swim Team
Parent meeting
@ 6pm
The Senior and
Community Center

Veteran's / WWMS Pool Pass Form

June 2017 – March 2018

Middletown Residents may use this pass for admission to the January thru March Sunday Rec Swim Program at the WWMS

Middletown Residents: \$25 a family \$15 an individual Free for Seniors 60+

Nonresidents: \$50 a family \$30 an individual \$30 Senior 60+

1. Proof of Middletown residency must be provided with completed application: copy of driver's license real estate tax bill, **or** utility bill with name and address. P.O. Boxes will not be accepted.
2. Mail or walk in this application to: Middletown Recreation, 61 Durant Terrace
3. Or you may register at Veteran's Memorial Pool. **We cannot process passes online. 6 family members max**

(1) First Name _____ MI _____ Last _____

DOB: ____ / ____ / ____ Gender: ____ Email: _____ @ _____

Street Address: _____ Town _____ Zip _____

Phone: Home _____ Work _____ Cell _____

FAMILY MEMBERS LIVING IN HOUSEHOLD ~ ALL RESIDING AT THE SAME ADDRESS

(2) Name: _____ DOB: ____ / ____ / ____ gender: ____

(3) Name: _____ DOB: ____ / ____ / ____ gender: ____

(4) Name: _____ DOB: ____ / ____ / ____ gender: ____

(5) Name: _____ DOB: ____ / ____ / ____ gender: ____

(6) Name: _____ DOB: ____ / ____ / ____ gender: ____

MEDICAL RELEASE/PARENTAL PERMISSION FORM: I hereby give permission for the above registered family member (s) to participate in the Middletown Recreation Programs. In the event photos are taken I hereby give permission for the Recreation Division to use said photos in promotional literature, including but not limited to, social media, brochures and flyers. I understand and agree that recreation programs can be physically demanding but, I feel we have the physical ability needed to participate. In the event of an emergency and the parent/guardian/or contact person cannot be reached, I hereby give permission for any registered family member to be transported to the Middlesex Hospital or any nearby medical facility. It is hereby understood and agreed that I shall assume full financial responsibility for any costs over and above that which is not covered by my health insurance. To the fullest extent permitted by law, I agree to indemnify and hold harmless the City of Middletown and its employees from any injuries or damages caused by or resulting from participation in this program. A photo static copy of this waiver form with my signature shall be considered as valid as the original.

REFUND POLICY: I understand and agree that no refunds will be given after the program starts or for circumstances beyond the control of the Recreation Division (e.g. weather, equipment failure).

PARTICIPATION RULES : I hereby agree that I have read and will abide by the Participation Rules on page 16.



Participant/Parent /Legal Guardian Signature _____

Office use only: Date _____ Staff Initials _____ \$ Rcvd. _____ Cash _____ Check# _____

Credit Card _____ Financial Aid _____ Scanned _____ Packet _____ Bus _____ Concerns _____ Med Form _____ Page 9

YOUTH SWIM LESSONS

- If space is available, nonresident registrations will be accepted, beginning April 3, 2017
- **Please write a separate check for each child!**
- Or register on line ~ www.middletonct.gov/departments
- **Swim registration will be cut off at 4:00 P.M. the Friday before the lesson begins.**
- To participate in a swim program, the child must be the eligible age by December 31, 2017
- Please see cancellation policy on page 5

TOTS & ADULTS Ages 1-3

Times: 11:30 a.m. - 12:00

Activity # 133108-11, -12, -13, -14

This class is designed to help children become comfortable in the water and develop a willingness to swim. Skill emphasis is on entering & exiting, safety, and movement through the water. An adult must participate with the child.

TOTS Ages 4 - 5

Dates: Class available Sessions 1 thru 4 or Saturdays June 24 thru August 12

Times: 11:00-11:30 a.m.

Activity # 133108- 21, -22, -23, -24

Times: 11:30 a.m.-12:00 p.m.

Activity # 133108-25, -26, -27, -28

Saturday Session: 12:00 p.m.-12:30 p.m.

Activity #133108-29

This class is designed to help children adjust to the water and acquire confidence through kicking, arm movements, blowing bubbles, jumping and floating skills. Participants must be toilet trained.

LEVEL ONE Ages 6 to 13

Times: 9 a.m.- 9:35 a.m.

Activity # 133108-31, -32, -33, -34

Times: 9:45 - 10:20 a.m..

Activity # 133108-35, -36, -37, -38

Times: 10:30 - 11:05 a.m.

Activity # 133108-39, -40, -41, -42

Skill emphasis is on front & back crawl strokes, rhythmic breathing, gliding, treading water, floating and safety.

Parents are asked not to stay in the pool area during swim lessons except for the Tots and Adults class. There are picnic tables next to the wading pool, which is open during swim lessons.

Session Dates: Activity # 133108

Session One: June 19 - June 30

Session Two: July 3 - July 14

Session Three: July 17 - July 28

Session Four: July 31 - August 11

Fees	Residents	Nonresidents
1st Child	\$40/session	\$80/session
2nd Child	\$20/session	\$80/session
Ea. Add 1 Child	\$10/session	\$80/session

LEVEL TWO Prerequisite: pass Level One

Times: 9 a.m. - 9:35 a.m.

Activity # 133108-50, 51, 52, 53

Times: 9:45 - 10:20 a.m.

Activity # 133108-54, 55, 56, 57

Times: 10:30 - 11:05 a.m.

Activity # 133108-58, -59, -60, -61

Emphasis is on refining Level One skills, introduction to elementary backstroke, breaststroke, safety skills and use of equipment. Child must have passed Level One.

LEVEL THREE Prerequisite: pass Level Two

Times: 10 - 10:45 a.m.

Activity # 133108-70, -71, -72, -73

Times: 11 - 11:45 a.m.

Activity # 133108-74, -75, -76, -77

Review of safety skills and equipment usage, introduction to sidestroke & butterfly, emphasis on endurance in front & back crawl and breaststroke. Child must have passed Level Two.

LEVEL FOUR Prerequisite: pass Level Three

Times: 9 a.m. - 9:45 a.m.

Activity # 133108-80, -81, -82, -83

This class covers the four racing strokes - freestyle, backstroke, butterfly, & breaststroke - turns, and endurance. Child must have passed Level Three.



Swim Registration Form

Make check payable to and mail your registration to
Middletown Recreation Division
61 Durant Terrace Middletown
There is a \$25.00 administrative fee for any refunds

CHILD: Name: _____
 First M Last
 DOB: ____/____/____ Grade: ____ Age: ____ Sex: ____
 Street Address: _____
 City/Town: _____ Zip _____
 New Address? ____ Home Phone: _____
 School attending: _____
 Are there any special circumstances staff should be aware of to better assist this participant?

PARENT/LEGAL GUARDIAN FIRST CONTACT:

Name: _____
 First Last
 Relationship: _____
 Street Address: _____
 Home Phone: _____
 Work Phone: _____
 Cell Phone: _____
 Email: _____@_____.

SECOND CONTACT:

Name: _____
 First Last
 Relationship: _____
 Home Phone: _____
 Work Phone: _____
 Cell Phone: _____

THIRD CONTACT:

Name: _____
 First Last
 Relationship: _____
 Home Phone: _____
 Work Phone: _____
 Cell Phone: _____

MEDICAL RELEASE/PARENTAL PERMISSION FORM: I hereby give permission for my child to participate in the Middletown Recreation and Community Services Swim Program. In the event photos are taken, I hereby give permission for the Recreation and Community Services Department to use said photos in promotional literature, including but not limited to social media, brochures and flyers. I understand and agree that swimming programs can be physically demanding, but I feel my child has the physical ability needed to participate. In the event of an emergency and the Parent/Guardian cannot be reached, I hereby give permission for my child to be transported to Middlesex Hospital or any nearby medical facility. It is hereby understood and agreed that I shall assume full financial responsibility for any costs beyond that which is covered by my health insurance. To the fullest extent permitted by law, I agree to indemnify and hold harmless the City of Middletown and its employees from any injuries or damages caused by or resulting from participation in this program. A photocopy of this waiver form with my signature shall be considered as valid as the original.

REFUND POLICY: I understand and agree that no refunds will be given after the lesson starts or for circumstances beyond the control of the Recreation and Community Services Department (e.g. weather, vandalism).

PARTICIPATION RULES : I hereby agree that I have read and will abide by the Participation Rules outlined on page 16.



**Required
Parent/Legal Guardian
Signature**

Swim registration deadline is 4:00 p.m. the Friday before the lesson begins.

No refunds will be given after the lesson begins.

Please turn the page to complete the application!

=====

Office use only:
 Date _____ Staff Initials _____
 \$ Rcvd. _____ Cash _____ Check# _____
 Credit Card _____ Scanned _____

Swimming Lessons/Swim Team Registration Form (cont.)

PLEASE X YOUR 1ST AND 2ND CHOICES FOR SWIM LESSONS

Tots and Adults – Ages 2 & 3

1 st	2 nd	Section	Dates	Days	Time
		11	6/19 - 6/30	M ~ F	11:30 ~ Noon
		12	7/3 - 7/14	M ~ F	11:30 ~ Noon
		13	7/17 - 7/28	M ~ F	11:30 ~ Noon
		14	7/31 - 8/11	M ~ F	11:30 ~ Noon

Tots ~ Ages 4 & 5

1 st	2 nd	Section	Dates	Days	Time
		21	6/19 - 6/30	M~F	11:00 ~ 11:30
		22	7/3 - 7/14	M~F	11:00 ~ 11:30
		23	7/17 - 7/28	M~F	11:00 ~ 11:30
		24	7/31 - 8/11	M~F	11:00 ~ 11:30
		25	6/19 - 6/30	M ~ F	11:30 ~ Noon
		26	7/3 - 7/14	M ~ F	11:30 ~ Noon
		27	7/17 - 7/28	M ~ F	11:30 ~ Noon
		28	7/31 - 8/11	M ~ F	11:30 ~ Noon

Tots – Ages 4 & 5 ~ Saturday

1 st	2	Section	Dates	Days	Time
		29	6/24 - 8/12	Sat.	Noon – 12:30

Level One Ages 6 ~ 13

1 st	2 nd	Section	Dates	Days	Time
		31	6/19 - 6/30	M ~ F	9 – 9:35
		32	7/3 - 7/14	M ~ F	9 – 9:35
		33	7/17 - 7/28	M ~ F	9 – 9:35
		34	7/31 - 8/11	M ~ F	9 – 9:35
		35	6/19 - 6/30	M ~ F	9:45 – 10:20
		36	7/3 - 7/14	M ~ F	9:45 – 10:20
		37	7/17 - 7/28	M ~ F	9:45 – 10:20
		38	7/31 - 8/11	M ~ F	9:45 – 10:20
		39	6/19 - 6/30	M ~ F	10:30 – 11:05
		40	7/3 - 7/14	M ~ F	10:30 – 11:05
		41	7/17 - 7/28	M ~ F	10:30 – 11:05
		42	7/31 - 8/11	M ~ F	10:30 – 11:05

Level Two Ages 6 ~ 13

1 st	2 nd	Section	Dates	Days	Time
		50	6/19 - 6/30	M ~ F	9 – 9:35
		51	7/3 - 7/14	M ~ F	9 – 9:35
		52	7/17 - 7/28	M ~ F	9 – 9:35
		53	7/31 - 8/11	M ~ F	9 – 9:35
		54	6/19 - 6/30	M ~ F	9:45 – 10:20
		55	7/3 - 7/14	M ~ F	9:45 – 10:20
		56	7/17 - 7/28	M ~ F	9:45 – 10:20
		57	7/31 - 8/11	M ~ F	9:45 – 10:20
		58	6/19 - 6/30	M ~ F	10:30 – 11:05
		59	7/3 - 7/14	M ~ F	10:30 – 11:05
		60	7/17 - 7/28	M ~ F	10:30 – 11:05
		61	7/31 - 8/11	M ~ F	10:30 – 11:05

Level Three Ages Up to 13

1 st	2 nd	Section	Dates	Days	Time
		70	6/19 - 6/30	M ~ F	10 – 10:45
		71	7/3 - 7/14	M ~ F	10 – 10:45
		72	7/17 - 7/28	M ~ F	10 – 10:45
		73	7/31 - 8/11	M ~ F	10 – 10:45
		74	6/19 - 6/30	M ~ F	11 – 11:45
		75	7/3 - 7/14	M ~ F	11 – 11:45
		76	7/17 - 7/28	M ~ F	11 – 11:45
		77	7/31 - 8/11	M ~ F	11 – 11:45

Level Four Ages Up to 13

1 st	2 nd	Section	Dates	Days	Time
		80	6/19 - 6/30	M ~ F	9 – 9:45
		81	7/3 - 7/14	M ~ F	9 – 9:45
		82	7/17 - 7/28	M ~ F	9 – 9:45
		83	7/31 - 8/11	M ~ F	9 – 9:45

Swim Team

	Section	Dates	Days	Times
	Preseason	5/9 - 6/17	M~F	T.B.D.
	Regular Season	6/19 - 8/4	M~F	9:00~11:00 a.m. 4:30~6:30 p.m.

Summer Youth Day Camp Program Information

REGISTRATION BEGINS FEBRUARY 1, 2017

HOW TO REGISTER FOR YOUTH DAY CAMP:

- A. Mail or Walk-in: Use Youth Day Camp Registration Form
- B. Online: Visit www.middletownct.gov/webtrac. Click "Day Camps"

If you have registered for any Rec. program before, call our office for your online account information. If you have not registered, please follow the instructions online and create an account.

DEADLINES: Registration closes in the **office** at 4:00 p.m. the WEDNESDAY before the program begins, providing that spaces are still available. Registrations closes **online** at 11:59 p.m. the WEDNESDAY before the program begins, providing that spaces are still available.

Participants are only registered for the weeks of camp that are paid for.

Participant must be of eligible age by December 31, 2017

ABOUT OUR PROGRAMS

We are busy all day with arts & crafts, board games, team games, special events, field trips and swimming. Swimming is provided at Veterans Memorial Pool or Crystal Lake weekly. Sites may be subject to change. Transportation is provided to all youth day programs, except Late Summer Fun and Instructional Basketball.

PAYMENT

Accepted: cash, check, money orders, and debit/credit cards (MasterCard or Visa). Please write a separate check for each child.

Financial Aid: Camp fees may be waived if you are eligible for Temporary Aid to Needy Families (TANF). The Recreation Division participates in the State of CT Care4Kids program as a provider of daycare.

Bussing Information

Bussing additions and changes MUST be made the WEDNESDAY before camp starts.

Pick up and drop off for all sessions may be chosen from the following sites:

1. Bielefield School ~ Maynard Street
2. Corner of Brechlin & Atkins
3. Farm Hill School ~ Ridge Road
4. Forge Square ~ Pameacha Avenue
5. Corner of Green Street & DeKoven Drive
6. Highlands Circle ~ Blacktop
7. Corner of Grove & Stack Streets
8. Maplewood Terrace
9. Moody School Country Club Road
10. Corner of Pine Street & Church Street
11. Plaza Drive ~ Lower
12. Rose Circle at the start of the circle
13. Corner of Sawmill and Atkins
14. Snow School ~ Wadsworth Street
15. Spencer School ~ Westfield Street
16. Corner of Town Colony & Westlake
17. Traverse Square ~ Williams Street
18. Vinal Tech ~ Daniels Street
19. Woodbury Circle

CHANGES/CANCELLATIONS

All changes or cancellations (bussing or camp) must be in writing by the Wednesday prior to the program's start. They can be faxed to the office 860.344.3319 or emailed to rec@middletownct.gov with the child's name and program.

NO refunds will be given if this process is not followed. There is a \$25 processing fee for refunds. For more department policies, see page 5

NOTICES:

Camp Schedules, Bus Routes, and Director's Letters will be emailed prior to the start of the program. These packets are also available for pickup in hard copy from our office and our city web site in the beginning of June.

MEDICAL/INSURANCE POLICY: The City of Middletown has liability insurance but does not carry accident insurance for participants. Personal health and accident insurance is recommended. All parents/guardians must sign our Medical

Middletown Recreation Youth Day Programs are not Connecticut State licensed day camp programs. Staff members are teachers, college and high school students, paraprofessionals, and nurses.

Registration Form on Pages 17 and 18 ~ Please complete both sides.

Week	Dates Monday - Friday	Times	Fee 1st child	Sibling Discount	Before Care 7:00 ~ 9:00	After Care 3:00—5:30	Camp Summer Time Fee	Camp Summer Time Sibling Discount
1	June 19 - 23	9 am - 3 pm	\$ 80	\$ 60	\$30	\$30	\$ 95	\$ 75
2	June 26 - 30	9 am - 3 pm	\$ 80	\$ 60	\$30	\$30	\$ 95	\$ 75
3	July 3 - 7 (no July 4)	9 am - 3 pm	\$ 68	\$ 68	\$24	\$24	\$ 80	\$ 80
4	July 10 - 14	9 am - 3 pm	\$ 80	\$ 60	\$30	\$30	\$ 95	\$ 75
5	July 17 - 21	9 am - 3 pm	\$ 80	\$ 60	\$30	\$30	\$ 95	\$ 75
6	July 24 - 28	9 am - 3 pm	\$ 80	\$ 60	\$30	\$30	\$ 95	\$ 75
7	July 31 - Aug 4	9 am - 3 pm	\$ 80	\$ 60	\$30	\$30	\$ 95	\$ 75
8	Aug 7 - 11	8 am - 4 pm	\$120	N/A	N/A	N/A	N/A	N/A
9	Aug 14 - 18	8 am - 4 pm	\$120	N/A	N/A	N/A	N/A	N/A

YOUTH DAY CAMPS WEEKS 1~7 (Sites may be subject to change)

SUNNY TIME (born 2009- 2012)

Location: Bielefeld School Activity #133302

GOOD TIME (born 2007-2009)

Location: Macdonough School Activity #133303

KID TIME (born 2008 - 2011)

Location: Lawrence School Activity #133304

PLAY TIME (born 2007 - 2011)

Location: Moody School Activity #133305

FUN TIME (born 2005-2007)

Location: Snow School Activity #133306

SUMMER TIME (born 2007 - 2012)

Location: Crystal Lake, McCutcheon Park Activity #133308

GREAT TIME (born 2002 - 2005)

Location: Woodrow Wilson Middle School Activity #133307

JUNIOR COUNSELOR PROGRAM (born 2001 & 2002)

Locations: All camps except Summer Time and Great Time

Fee: \$11 a week

Please attach two letters of recommendation from teachers or coaches to your registration. You must work a minimum of 3 weeks. You will start at 2 days a week and it could increase with Director's recommendation. Please bring all forms into office by Wednesday July 5th to register for the summer as a junior counselor.

BEFORE AND AFTER CARE

Days: Monday - Friday

Before: 7:00 - 9:00 a.m.

After: 3:00 p.m. - 5:30 p.m.

Locations: Lawrence or Snow School

Children must be enrolled in the Youth Day Program. A child may be cancelled out of the program if parents are late picking up their children.

Registration No.: 133309 Lawrence

or 133311 Snow

LATE SUMMER FUN (born 2005– 2012)

Dates: Weeks 8 and 9

Times: 8:00 a.m. to 4:00 p.m. **Fee:** \$120

Location: Crystal Lake, Ron McCutcheon Park

No Transportation will be provided. Participants will enjoy arts and crafts, music, board games, team games, special events and swimming daily.

Registration No 133310

SAFETY TIME children entering Kindergarten in Fall 2017

Weeks: 1, 2 or 4

Location: Bielefeld School

See fees in above table. Program includes bike, bus, traffic and home safety.

Registration No.: 133301

DANCE TIME (born 2005 -2012)

Weeks: 1-7

Location: Snow School Auditorium

See fees in above table. This program will focus on basic steps and routines from various genres of dance as well as introductory cheerleading, per the participants' requests. There will be a dance recital at the end of every second week.

Registration No.: 133127

BASEBALL TIME (born 2004—2011)

Weeks: 1, 3, 5, 6, & 7

Location: Moody School

For players who want to learn and improve their game. The clinic offers a fun way to learn the fundamentals of baseball. There will be games throughout the week with a championship game on Friday.

Long pants & a hat are a must.

Registration No.: 133126

INSTRUCTIONAL BASKETBALL (born 2007 - 2011)

Weeks: 3 & 6 | **Time:** 9:00 am-12:00 p.m.

Location: Keigwin Middle School

Fee: \$40 resident

\$50 nonresident

Dribbling, passing, shooting and other drills will be part of the camp.

Registration No.: 133103

PARTICIPATION RULES

Please review the "Participation Rules" so you are familiar with the program's expectations prior to arrival. Be advised that any participant that does not comply with these rules may be removed from the program.

In order to ensure the safety of our participants and to provide the most rewarding and enjoyable recreation experience we can, we must insist on a standard of behavior that includes the following:

- Participants must respect staff, other participants and equipment, at all times.
- Participants must practice fair play, honesty, and good sportsmanship.
- Participants must be able to cooperate in a large group setting.
- Participants must follow instructions and rules.
- Participants must be aware of obvious dangers (roads, water, etc.).
- Participants must be able to interact positively with fellow participants and staff.
- Participants must be able to use the bathroom independently.
- Participants must stay with their group and listen to the staff members.

The following will not be allowed and will be grounds for dismissal:

- Inappropriate, disrespectful, uncooperative or disruptive behavior
- Abusive language and inappropriate gestures
- Injuring another participant, staff or person through an inappropriate action
- Fighting or putting your hands on any other person in a harmful or inappropriate way
- Throwing things in anger
- Biting, spitting on others, equipment or property
- Stealing or misuse of property
- Bringing cigarettes, alcohol, drugs, firearms, knives or weapons of any sort on the bus or to camp
- Any other behavior that the City of Middletown deems disruptive to its programs or compromises the safety of others
- **We understand that Parents/Guardians and participant (s) will be held responsible for participant (s) actions at recreation programs. We understand that part of the recreation experience involves activities and interactions that may be new to participants and that they come with certain risks. I understand the importance of abiding by the rules.**

**** By signing the registration forms, you acknowledge these rules.****

Youth Day Camp Registration Form

Make check payable to and mail your registration to

Middletown Recreation Division

61 Durant Terrace Middletown

There is a \$25.00 administrative fee for any refunds

Name: _____
First Last

DOB: ____ / ____ / ____ Age: ____ Gender: ____

Street Address: _____

New Address? _____ Home Phone: _____ - _____ - _____

School attending: _____

Parent/Legal Guardian/ 1st Contact:

Relationship: _____

Name: _____
First Last

Phone: 1 ____ - ____ - ____

2 ____ - ____ - ____

Email: _____ @ _____ .com

Parent/Legal Guardian/ 2nd Contact:

Relationship: _____

Name: _____
First Last

Phone: 1 ____ - ____ - ____

2 ____ - ____ - ____

Email: _____ @ _____ .com

Emergency Contact:

Relationship: _____

Name: _____
First Last

Phone: 1 ____ - ____ - ____

2 ____ - ____ - ____

Email: _____ @ _____ .com

PARTICIPANT HEALTH/CONCERN INFORMATION

List all known allergies:

Any conditions/concerns to share with staff:

State all medications presently in use:

Circle Yes, No or None for any medications that need to be administered during the Youth Day Program. **A doctor's medication form is required for any medications administered. Forms are available in our office.**

- Epi~Pen YES or NO
- Inhaler YES or NO
- Prescription Medication YES or NO
- Over the Counter Medication YES or NO
- None

Walk in or Mail in Camp Registration deadline is 4:00 p.m. the Wednesday before the program begins.

BUS TRANSPORTATION (PLEASE CHECK ONE):

All participants must be picked up by a parent/guardian

from the bus unless they are enrolled in Camps Fun Time or Great Time.

Yes, child will take bus: Please read the bussing info on page 14 & choose one location from the available list for pickup and drop off.

Morning Pickup Location _____

Afternoon Drop off Location _____

No, child will not take bus

Turn the page over to finish the application

I give my permission for the following people to pick up my child, in addition to all contacts listed on this application.

1. Name _____

Phone Number _____

2. Name _____

Phone Number _____

3. Name _____

Phone Number _____

Week	Program Name/Number	Dates	Before Care	After Care	\$
One		June 19 - 23	SNOW LAW	SNOW LAW	
Two		June 26 - 30	SNOW LAW	SNOW LAW	
Three		July 3 - 7 No camp July 4th	SNOW LAW	SNOW LAW	
Four		July 10 - 14	SNOW LAW	SNOW LAW	
Five		July 17 - 21	SNOW LAW	SNOW LAW	
Six		July 24 - 28	SNOW LAW	SNOW LAW	
Seven		July 31 - August 4	SNOW LAW	SNOW LAW	
Eight	Late Summer Fun @ Crystal Lake	August 8 - 12	N/A	N/A	120
Nine	Late Summer Fun @ Crystal Lake	August 14 - 18	N/A	N/A	120
	Our Annual Christmas Toy Drive	Optional		GRAND TOTAL	\$

MEDICAL RELEASE/PARENTAL PERMISSION FORM/FIELD TRIP PERMISSION: I hereby give permission for my child to participate in the Middletown Recreation Youth Day Programs. In the event photos are taken I hereby give permission for the Recreation Division to use said photos in promotional literature, including but not limited to: social media, brochures and flyers. I understand and agree that recreation programs can be physically demanding but, I feel my child has the physical ability needed to participate. In the event of an emergency and the parent/guardian/or contact person cannot be reached, I hereby give permission for my child to be transported to the Middlesex Hospital or any nearby medical facility. It is hereby understood and agreed that I shall assume full financial responsibility for any costs over and above that which is not covered by my health insurance. To the fullest extent permitted by law, I agree to indemnify and hold harmless the City of Middletown and its employees from any injuries or damages caused by or resulting from participation in this program. Additionally, the Recreation Division has my permission to take my child on any field trips that are planned for the Summer Recreation Programs. A photo static copy of this waiver form with my signature shall be considered as valid as the original.

REFUND POLICY: I understand and agree that no refunds will be given after the program starts or for circumstances beyond the control of the Recreation Division (e.g. weather, equipment failure). Cancellations must be made the Wednesday before the program begins and there is a \$25 processing fee for refunds.

DAY CAMP INFORMATION: I have read and acknowledge receipt of the Day Camp Information on pages 14 and 15.

PARTICIPATION RULES: I hereby agree that I have read and will abide by the Participation Rules outlined on page 16.

SUNSCREEN POLICY: I give permission for the City of Middletown staff members to put sunscreen on my child. Additionally, I must supply the sunscreen and it will be labeled with my child's name.

BUSSING INFORMATION I have read and acknowledge receipt of the Bussing Information on page 14



Parent/Legal Guardian Signature :

_____ Date: _____

Office use only: Date _____ Staff Initials _____ \$ Rcvd. _____ Cash _____ Check# _____

Credit Card _____ Financial Aid _____ Scanned _____ Packet _____ Bus _____ Concerns _____ Med Form _____ Page 18

FAMILY FUN NIGHT

All Ages

Friday January 20th

Time: 5:00 ~ 8:00 pm

Snow Date: Friday, January 27th

Woodrow Wilson Middle School

Register before January 20 by 3:00 pm \$3

Buy tickets at the door or Nonresidents \$5

All children must be accompanied by an adult.

All accompanying adults are free!

Come and enjoy a fun evening of video games, bounce houses, gym and café activities, professional balloon artists, music & dancing!

Swimming in the WWMS Pool from 5:00 - 7:00 pm

Registration No.: 447050

General Registration Form

Thanks to Foresters Financial for sponsoring this event !



Foresters 

Bingo Bingo Bingo ~ All Ages

February 24 Pizza for Dinner

March 31 Pizza for Dinner

May 19 BBQ for Dinner

Doors open at 5:00 pm

Games start promptly at 5:30 pm

5:30 pm ~ 7:30 pm

Senior & Community Center Downstairs Cafeteria

Preregister \$3 a person: Includes 2 bingo cards and dinner.

Walk in register \$4 a person: Includes 2 bingo cards and dinner.

You can buy additional cards for \$0.50 each

Enjoy a night of bingo with your family with great bingo prizes!

Maximum of 85 participants!

All participants 16 and under must be accompanied by an adult.

Registration No.: 547060

General Registration Form



DETROIT HUNTER & RAY JACOBS "EASTER CANDY HUNT"

**Residents 12 and under
Free Indoor Event
Saturday, March 18th
Woodrow Wilson Middle School**

Please arrive thirty minutes before your first age group & have your free instant picture taken with the Easter Bunny!! Participants should bring an Easter Basket with them. Bring your own camera for more photo opportunities.

Easter Candy Hunt in the Gym Activities in the Cafeteria

**The Easter Candy Hunt is sponsored by the
Kiwanis Club of Middletown.**

**The pictures with the Easter Bunny are sponsored by
River Suite Wealth Partners 505 Main Street**



We will start promptly at the scheduled times.



Candy Hunt Times:

10:00 a.m. 0 ~ 2 years old

10:20 a.m. 3 ~ 4 years old

10:40 a.m. 5 ~ 6 years old

11:00 a.m. 7 ~ 8 years old

11:20 a.m. 9 ~ 10 years old

11:40 a.m. 11 ~ 12 years old

YOUTH PROGRAMS

BABYSITTER SAFETY 101 CLASS

Ages 11~15

Saturday, April 1

Times: 9:00 a.m.~1:00 p.m.

Site: 61 Durant Terrace Middletown

Fee per Session: \$ 52 resident
\$ 57 nonresident

Instructor: Life Safe Services, LLC

Babysitter Safety teaches you skills necessary to care for children of all ages in a variety of settings. The class covers diapering and feeding for infants and toddlers, injury prevention, first aid and choking and basic CPR techniques. It is interactive with a lot of hands on practice. Bring a lunch and a snack. Wear comfortable clothes.

Registration No .: 318020~01

General Registration Form



PRE~BALLET

Ages 3~5

Tuesdays Feb 28 - April 25

Times: 4:30 - 5:15

Site: 61 Durant Terrace, Middletown

Fee per session: \$60 residents
\$70 nonresidents

Instructor: Kerri Lake

This class focuses on creative expression through movement. Students will explore new motor skills and be introduced to basic concepts with a major focus on the joy of dancing. Some basic ballet foundations will be taught in preparation for future ballet technique. Wear a leotard and tights or clothes you can easily move in and ballet slippers or socks.

Registration No 113150

General Registration Form



BABYSITTER SAFETY 102 CLASS

Ages 12~16

Saturday, April 1

Times: 2:00 pm. – 5:00 p.m.

Site: 61 Durant Terrace Middletown

Fee per session: \$52 resident
\$57non~resident

Instructor: Life Safe Services, LLC

This 3 hour course is for youth 12 to 16 years of age with a *sincere interest* in advanced concepts and skills of First Aid including CPR certification. Building on the entry level skills from Babysitter 101, objectives for this scenario based, expanded course includes additional First Aid concept, Adult/Child and Infant CPR. Requires written and skills testing to receive 2 year certification. Student receives book, handouts and Rescue Shield breathing barrier device. Prerequisite: Babysitter Safety 101

Registration No .: 318020~02

General Registration Form



BALLET TECHNIQUE

Ages 6~10

Tuesdays Feb 28 - April 25

Times: 5:30 - 6:30

Site: 61 Durant Terrace, Middletown

Fee per session: \$70 residents
\$80 nonresidents

Instructor: Kerri Lake

Students will be introduced to ballet technique and vocabulary, and will be encouraged to freely express themselves through dance. Proper body placement, ballet positions, and terms will be taught. Please wear a leotard and tights or clothes you can easily move in and ballet slippers or socks.

Registration No 113150

General Registration Form



Princess Tea Party

Ages 3 ~ 8

Saturday April 29th

National Princess Week

Doors Open at 11:45 am 12:00 ~ 2:00pm

Fee per session: \$ 15 residents
\$ 20 nonresidents

61 Durant Terrace Multipurpose Room

Come wearing your princess outfit.

The party includes games, princess activities, story time princess snack, a goodie bag to take home and more!

Registration No : 113150

General Registration Form

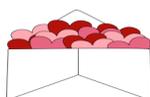


ART CONTESTS

Valentine's For Vets!

Middletown students, Grades K~5 are invited to help us decorate cards for our Veterans.

All cards will be picked up from schools Thursday February 2nd.



HOOPS AND MORE

Ages 8-15

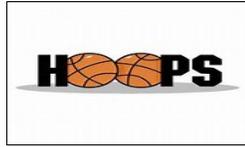
Residents Only

Days: Fridays

Dates: January 6 - March 24

Time: 6:00 p.m.- 9:00 p.m.

Site: Macdonough School Gym and Café



Basketball drills, games, dance, cheer, table & board games.

Registration No. : 415040

General Registration Form

OUTREACH ADVENTURES BUS TRIPS

Ages 8-14 Residents only

Saturdays

February 18 – Metro Movies

March 25 – Roller Magic

April 29 – Bowl O Rama

Fee per Session: \$3 per child

Transportation is available at the following bus stops for out of town trips only.

Daddario Road, Maplewood Terrace, Traverse Square, & Macdonough School.

Bus times to be determined.

Registration No. : 515010

General Registration Form



KIDS' CORNER: CHESS

Ages 8-12

Dates: February 16 - March 16

Days: Thursdays 5 Sessions

Times: 6:00 pm - 7:00 pm

Site: 61 Durant Terrace

Fee: \$50 Residents \$55 Non Residents

Kids Corner injects chess skills from beginner to advanced. We especially like starting with a group of raw beginners. Chess with Kids Corner helps students become more cerebral competitors, and much of what we teach can be applied to other games and physical sports. We begin with group demonstrations. We quickly break into pods of four per board, and then have game playing sessions with two per board. We introduce clocks and speediness to help students become constantly aware and constantly thinking. When you complete your move, you begin anticipating your next move.

Registration No. : 348140

General Registration Form



GVSA SOCCER

Mondays

Dates: January 9 - February 13

February 20 - March 27

Time: 5:30 - 6:30 pm ages 4-5 or

6:30 - 7:30 ages 6-9

Location: Wesley School Gym

Instructor: Goran Vasic

Fee: \$ 85 resident

\$ 90 non resident

Registration 132104

General Registration Form



SPRING BASKETBALL

Ages 7 to 13

Days: Fridays Only

Dates: April 21 - May 26

Times: 5:30 p.m. - 7:30 p.m.

Location: Woodrow Wilson Middle School Gym

Fee: \$40 resident, \$50 nonresident

Each participant will receive a tee-shirt.

Registration No. : 132103 - 02 Boys

132103 - 03 Girls

General Registration Form



RAY BARNES SUMMER BASKETBALL

Dates: June 20 - July 27

Division A: Ages 7 - 9

Days: Monday 5:00 - 7:00 pm

Activity # 133105-01

Division B: Ages 10 -15

Tuesdays & Thursdays 5:00 pm - 7:00 pm

Activity # 133105-02

Location: MHS Fee: \$10 residents only

Teams will be created by the Rec Division

Participant bussing will be provided.

Registration No. : 515010

General Registration Form



Sky Hawks

www.skyhawks.com

SKYHAWKS ~ MINI HAWKS

SKYHAWKS ~ MULTI SPORT

SKYHAWKS ~ TINY HAWKS SKYHAWKS ~ LACROSSE

- More information in our summer brochure for summer programming



Mad Science

WWW.MADSCIENCE.ORG

EUREKA!

RED HOT ROBOTS

CRAZY CHEMICAL CONCOCTIONS

ROCKETS, ROLLER COASTERS, AND RACE CARS

- More information in our summer brochure for summer programming



VALENTINES FOR VET'S

Create a handmade Valentine card for a veteran

All Ages ~ Drop In ~ Free

Dates: February 4

Days: Saturday

Times: 10:00 ~ 12:00 pm

Site: 61 Durant Terrace

Senior & Community Center Art Room

Daughters of American Revolution are looking for your help to create valentine cards that will be given to veterans at Newington Veteran's Hospital.

Or you may submit your own cards to the Recreation Office by Thursday February 2



BLUE DRAGON JUDO

Ages 6~13

Mondays & Wednesdays

Sessions: January 1 ~ March 31
April 1 ~ June 30

Time: Ages 6 ~13: 6:30 p.m.~7:30 p.m.
Ages 14 ~ Adult: 7:30 p.m. ~9:00 p.m.

No Class Dates: School Vacations & Snow Days

Location: Woodrow Wilson Middle School Small Gym

Fee per Session: \$40 per quarter resident

\$50 per quarter nonresident

Instructor: Pam Hinkle; pehinkle@msn.com

Judo is both a martial art & Olympic sport. Participants may train for tournaments or simply enjoy fitness & skill development.

Registration No.: 543041

General Registration Form



KUMSAJADO MARTIAL ARTS

Ages 6~Adult

Thursdays

Sessions: January 1 ~ March 31
April 1 ~ June 30

Beginner: 6:00 p.m.~7:30 p.m.

Advanced: 6:00 p.m.~8:30 p.m.

No Class Dates: School Vacations & Snow Days

Woodrow Wilson Middle School Gym

Richard Conforti ~ rconforti@goldenlionacademy.com

Fee per Session: \$40 a quarter beginner resident

\$50 a quarter beginner nonresident

\$60 a quarter advanced resident

\$70 a quarter advanced nonresident

We combine Judo, Kung Fu, Hapki Do, and Tae Kwon Do to create a well rounded individual. The advanced class is designed for participants with a Green Belt or higher. We are a family oriented organization and encourage families to sign up together.

Registration No.: 543042

General Registration Form

Friends & Fun Inclusion

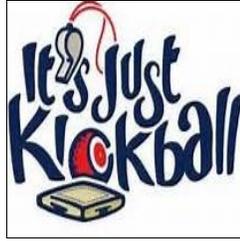
Family Pizza & Kickball

Days: Sundays

Time: Pizza 1:45 - 2:15 pm
Kickball 2:15 - 3:30 pm

Location: WWMS

Fee: \$ 3 residents per session
\$ 5 nonresidents per session



January 15

February 19

March 12

Participants will learn basic kick ball skills and play a fun non-competitive game.

Registration No .: 514090

LIFE SKILLS COOKING

Maximum of 16

Ages 12 - 25 (NEW AGE GROUP)

Days: Fridays **Time:** 5:30 p.m. - 7:30 p.m. (New Time)

Location: Keigwin Middle School

Fee: \$ 10 residents
\$ 20 nonresidents

January 6 February 3

March 10 April 21



Participants will learn basic baking and cooking skills and appropriate group work based on their ability. Classes will include set up, clean up, and dining in!

Registration No .: 514090

General Registration Form

BAKING CLASSES

Maximum of 16

Ages 9 ~ 18 (NEW AGE GROUP)

Days: Fridays **Time:** 5:30 p.m.—7:30 p.m. (New Time)

Location: Keigwin Middle School

Fee: \$ 10 residents
\$ 20 nonresidents

January 20

February 24

March 24

April 28



Participants will learn basic baking and cooking skills and appropriate group work. We will make and enjoy baked goods together and have plenty to take home and share!

Registration No .: 514090

General Registration Form

BOWLING

Ages 8 +

March 11

Arrival Time 10:15 am

Bowling 10:30 am

Lunch at 12:00 pm

Pick up at 12:30 pm



Bowl~o~Rama 2143 Berlin Turnpike, Newington

Bowl two games with bumpers and lunch

Fee: \$ 10 residents
\$ 20 nonresidents

Registration No 514040

General Registration Form

We are thankful to the Civitan Club of Middletown for their generous donation and support of our Friends and Fun Inclusion Programs!

SATURDAY

MORNING FUN

Ages 8 - 21

Saturdays

January 21

February 4

March 4 & 25

April 1 & April 22

Time: 10:00 a.m.—12:30 p.m.

Fee: \$ 5 residents
\$ 10 nonresidents

Senior and Community Center

61 Durant Terrace

Games, crafts, lunch and a lot of fun!!

Registration No .: 514060

General Registration Form



METRO MOVIES TRIP

Ages 8 - 21

Days: Fridays

Dates: January 13

February 10

March 17

Time: Approximately 5 p.m.

DEPENDS ON SHOW TIME

Thursday April 13 approx. 11:00

Fee: \$ 7 residents
\$ 14 nonresidents

Please bring extra money for snacks

Registration No .: 514070

General Registration Form



SPOTLIGHT ON ABILITY

UNIFIED THEATER♥ Grades 5 ~ 12

Rehearsals on Wednesdays 5:30 ~ 7:30

Saturdays 10:00 ~ 12:00

January 4 ~ April 7

Location: Keigwin Auditorium

Show Dates: April 5 6 7 ~ 7:00 p.m.

Snow date: Saturday April 8 at 2:00 at MHS

Wrap Party: April 19th, 5:30 ~ 8:00 61 Durant Terrace

Fee per Session: Resident: \$ 15 registration fee

Nonresident: \$ 30 registration fee

Unified Theater creates more inclusive communities through youth leadership and the performing arts. Students of all abilities, backgrounds, interests, and experiences come together as individuals and equals to write, direct, and produce their own theater performances. Founded in West Hartford, CT in 2002 by a 15 year old, Unified Theater is currently celebrating 15 years of empowering young people to change their schools and communities through acceptance, creativity and inclusion.

Learn more at www.unifiedtheater.org. Registration No.: 514010 General Registration Form

15th Anniversary of Unified Theater!

Come see our sixth annual show! It will be something to see!! We promise!!



UNIFIED theater



SPOTLIGHT ON ABILITY UNIFIED THEATER♥

Fashion Show

Friday March 31 at 6:00 pm

Grades 2 ~ Grades 12

Practices on Wednesdays March 1 ~ 31

5:00 ~ 6:00 pm

Location: Keigwin Auditorium

Fee per Session:

Resident: \$ 15 registration fee

Nonresident: \$ 30 registration fee

Registration No.: 514010 ~ 02

General Registration Form



Minecraft, Build: Adventure Game

Ages: 5~7

Saturdays March 4 ~ 25

Times: 10:30 a.m. ~ 12:00 p.m.

Location: 61 Durant Terrace Art Room

Fee per class: \$ 68 residents
\$ 78 nonresidents



Bring Minecraft to life using LEGO! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a Tree House Village! This LEGO experience is an original game designed by Play Well instructors inspired by the popular game, Minecraft.

Registration No.: 112270

General Registration Form

Minecraft, Build Survival Game

Ages 8~10

Saturdays March 4 ~ 25

Times: 12:30 ~ 2:00 p.m.

Location: 61 Durant Terrace Art Room

Fee per class: \$ 68 residents
\$ 78 nonresidents



Power up your engineering skills with Play Well TEKologies and tens of thousands of LEGO®! Apply real world concepts in physics, engineering, and architecture through engineer designed projects such as arch bridges, skyscrapers, motorized cars, and the Battle track! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

Registration No.: 112270

General Registration Form

7 ON 7 SPRING FLAG FOOTBALL

Ages: 7 ~ 9

10 ~ 14

Days: Saturdays

Dates: April 22 ~ May 27

Times: 9:00am ~ 11:00am

Location: Snow School

Fee: \$40 residents
\$50 nonresidents



This flag football league will offer basic instructions to football. Teams will be created based on participation.

Registration No.: 132122

General Registration Form

SPRING RECREATIONAL GOLF

Ages 8 ~ 15

Mondays 4:00 ~ 5:00

Dates: April 24 ~ May 15

\$50 residents

\$55 nonresidents



This popular individualized golf class is great for all golfers who wish to learn or improve their game. The 4 week session is held at Miner Hills, Middletown's only golf course. Taught by George Claffey, the resident professional and one of the World Golf Teacher's Federation Top 100 Instructors, the course includes instructions, video analysis and playing on the course.

For Spring Recreational Golf Ages 16+, see page # 36

For June - August sessions, see summer 2017 brochure

Registration Number : 316041

General registration Form

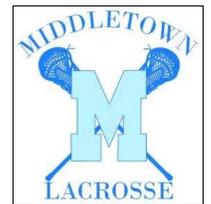
WINTER MIDDLETOWN INDOOR LACROSSE CLINIC

Grades 3~8

Days: Saturdays

Dates: January 28 ~ February 25

Fee per Session: \$50



Girls Grades 3~8: 8:00am~9:00am

Boys Grades 3~8: 9:00am~10:00am

Advanced Sports Plex, 1280 Newfield Street

Instructor: Middletown Youth Lacrosse Coaches

Register at www.middletownyouthlacrosse.org

MIDDLETOWN YOUTH LACROSSE

Grades K~8

Dates: March 30 ~ June 8

Days: Thursdays

Fee: \$75 K~2 Clinic

\$150 Grades 3~8



Kindergarten~2nd grade will be a 7 week, one hour clinic focusing on fundamentals of lacrosse in a fun environment.

Players in grades 3~8 will play competitive games against other surrounding towns.

Proper equipment is required.

For more information or registration visit:

www.middletownyouthlacrosse.org

RECREATIONAL SWIM

All ages residents only

Sundays

Sessions: January 8 ~ March 12

Times: 1:30 p.m. ~ 3:30 p.m.

Woodrow Wilson Middle School Pool

Fee per Session: \$2 Ages 3~17
\$4 Ages 18~59
Free Seniors 60+

Veteran's Pool Passes from 2016 will be accepted or pay at the door. Children 12 years and under must be accompanied by an adult 18 years or older. Only U.S. Coast Guard approved flotation devices may be used.



FAMILY ZUMBA

Sundays

Session One January 8 - February 5

Session Two February 12 - March 12

Times: 1:30—2:15 p.m.

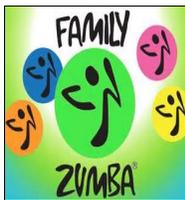
Fee per session: \$ 5 residents
\$ 10 nonresidents

Woodrow Wilson Middle School

Family Zumba is one way to incorporate exercise while having fun together. Here's a great opportunity to improve the health of every member of the family by participating in easy to follow routines.

Registration No 613090

General Registration Form



SPRING VACATION CAMP

K~8

Monday ~ Thursday

April 10 ~ 13

No Camp on Friday April 14

Times: 8:00 am ~ 4:00 pm

Farm Hill School

Fee per session: \$ 75 for residents only

A week filled with arts and crafts, games and sports.

Bring your own lunch, snacks and drinks please.

Field Trips:

Tuesday April 11

Connecticut Science Center

Thursday April 13

Metro Movies

Registration No 112040

Use form on page 15



MPOWER Boys Running

Ages: 6-14

Dates: Tuesdays

April 18 - June 6

Times: 6pm-7pm

Location: T.B.D.

\$60 Resident

\$70 Nonresident

MPOWER's training program is designed for all levels of runners: from very beginners to experienced racers. We concentrate on proper form and pacing while we build endurance over the weeks through a combination of running drills, games and core strength exercises. Our program culminates with the optional running of a local 5K road race. Our spring race will be the Celebrate!

West Hartford 5K Road Race in West Hartford Center

on June 11, 2017.

Minimum of 8 participants

Registration No. : 113160

General Registration Form



BOYS BASKETBALL CAMP

Ages 11-14

June 19 - 23

June 26 - 30

Time: 9am-12pm

Location: Middletown High School

Fee: \$ 45 Resident

\$ 55 Non Resident

This camp will provide skills, drills and basketball games. Participants should wear sneakers, shorts and bring snacks and drinks.

Registration 133103 - 03

Registration 133103 - 04



SAFETY DAY

Pizza for lunch

Ages 4, 5 and 6

Saturday April 22nd

\$ 10 residents

\$ 15 nonresidents

10:00 — 12:30

61 Durant Terrace

Multi Purpose Room

Participants will have a busy morning filled with games, stories, poems, art activities, and special visitors, from Lifeguards, Fire Department and Police Department. These activities have all been designed to help your child learn about safety and making correct, safe decisions.

Registration No.: 112260

General Registration Form



PIRATE PARTY

Ages 3 ~ 7

Saturday March 11th

Doors Open at 9:45 am 10:00 ~ 12:00

Fee per session: \$ 15 residents

\$ 20 nonresidents

61 Durant Terrace

Multipurpose Room

Wear your favorite pirate outfit.

The party includes games

Pirate activities

Pirate story time

Pirate snack

A goodie bag to take home and more!

Registration No : 113160



CURIOUS CREATURES

Reptiles and Mammals

All Ages

Saturday April 22

Time: 12:00 a.m. - 1:00 p.m.

Site: Senior and Community Center

61 Durant Terrace

Fee: \$ 5 residents &

\$ 8 non-residents

Curious Creatures staff of exhibitors teach respect and appreciation for exotic and unusual animals. The presentation is hands on, interactive and includes fun interesting facts & stories about curious creatures.

Registration No.: 112260

General Registration Form



MAT RATS: YOUTH WRESTLING

Ages 7~11

Days: Thursdays

Dates: Dec. 1 — February 23

Time: 6:00~7:30 p.m.

Fee: \$50 residents; \$55 nonresidents

Site: Keigwin Middle School

The Middletown Mat Rats program will teach the great sport of wrestling and all that it teaches you about life. In 3 months, Coach Fong & his staff will use a variety of games and activities to teach the basics of the sport, about hard work, determination and

overcoming adversity.

Registration No 416110~2

General Registration Form



IT'S ELECTRIC

Ages 7 - 11

Date: Saturday, March 4

Time: 12:00 - 12:50 pm

Location: 61 Durant Terrace

Multi Purpose Room

Fee: \$ 7 for residents; \$ 10 for non-residents

Get electrified with static electricity using a Van de Graaff

Generator

Registration No.: 112240

General Registration Form



SPRING FIRST TEE

GOLF CLINIC

Residents only

Ages 7 ~ 16

Wednesday April 5 ~ May 24 4:00 ~ 5:20 pm

or

Thursday April 6 ~ May 25 5:30—6:50pm

TPC River Highlands Cromwell Fee: \$42

Equipment provided or bring your own.

DATES AND TIMES MAY BE SUBJECT TO CHANGE

Registration No 132111~01

General Registration Form



FROM SEED TO PLANTS

Ages 4 - 7

Saturday, March 4

Time: 10:00 a.m.-10:50 a.m.

Location: 61 Durant Terrace

Multi Purpose Room

Fee: \$ 7 for residents; \$ 10 for non-residents

Learn all about seeds growing into plants

Registration No.: 112240

General Registration Form



Ages 8-12 or 13 and up

Dates: Session 1

January 5, 12, 19, 26 and February 2

Dates: Session 2

March 2, 9, 23, 30 and April 6 (No class March 16)

Days: Thursdays

Times: Ages 8 - 12 6:30 - 7:15

Ages 13 and up 7:30 - 8:15

Site: 61 Durant Terrace

Fee: \$45 Residents \$50 Non-Residents

Ever felt like drumming along to your favorite song on the car radio? Cardio Drumming is a class that combines great music with movement. The Drums Alive program is designed to be very inclusive and is a unique sensorimotor experience that appeals to many people who aren't inspired by traditional sports or other group fitness activities. The aim of this class is to create a fun and inclusive environment where everyone families, individuals with and without disabilities, people of all ages, shapes and sizes - can indulge in the joy of movement together and reap the physical, mental, social, and emotional benefits of physical activity.

Registration No. : 318110

General Registration Form

Kids' Nights at the Observatory

Join us for kid friendly space related activities led by Wesleyan students, Including stargazing with the campus telescopes when it's clear.



Every Monday has a different space related theme!

Aimed at elementary school ages, but open to anyone.

Van Vleck Observatory at Wesleyan, 96 Foss Hill Drive

February 6, February 20, and March 6 at 7:00 pm

April 3, April 17, and May 8 at 8:00 pm



SOCIALIZE & PAINT

Ages 8 - 14

Participants Only in Art Room

Parents may stay in Socialization room nearby

Date: Saturday, April 1st

Time: 11:00 a.m. - 12:30 p.m.

Location: 61 Durant Terrace
Art Room

Fee: \$ 10 residents

\$ 15 non-residents

Come learn how to paint with us.

This new, cost-friendly, and social event will leave you with a new masterpiece to take home at the end of the two-hour session and share with your family!

Registration No.: 329080

General Registration Form



SOCIALIZE & PAINT

All Ages

Date: Saturday, February 4

Time: 11:00 a.m. - 12:30 p.m.

Location: 61 Durant Terrace
Art Room

Fee: \$ 10 residents

\$ 15 non-residents

Come with someone and paint together.

Any relation, a friend, have fun and come paint with us. This new, cost-friendly, and social event will leave you with a new masterpiece to take home at the end of the two-hour session and share with your family!

Registration No.: 329080

General Registration Form



CITY OF MIDDLETOWN

YOUTH FISHING DERBY

Butternut Pond on Butternut Street

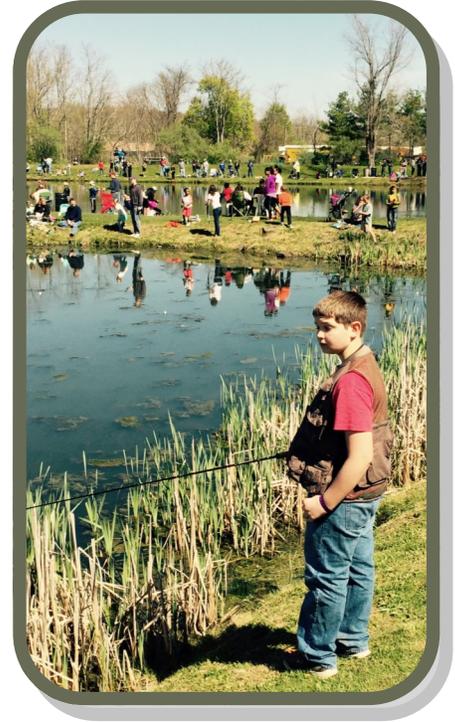
Rain or Shine Middletown Residents Only

THANKS TO OUR SPONSORS:

The Recreation & Community Services Department
The Planning Conservation & Development Department
The Public Works Department and The Health Department



Dick's Sporting Goods Jackson Chevrolet
Elks Lodge #771 Moose Lodge 1547



Come test your angling skills and try catching some of the amazing variety of fish in Butternut Pond!

- ⇒ *Don't know how to fish?* No problem, there will be volunteers to help.
- ⇒ *Don't have a fishing pole?* No problem, there will be a limited number of fishing poles available to borrow.
- ⇒ *Don't have any bait?* No problem, The Fishin' Factory has donated bait.



AGES 4- 14 ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT

PLEASE PRE-REGISTER ON LINE AT WWW.MIDDLETOWNCT.GOV/WEBTRAC , BY MAIL OR REGISTER IN PERSON AT THE SENIOR AND COMMUNITY CENTER, 61 DURANT TERRACE, MIDDLETOWN, CT 06457.

**REGISTRATIONS WILL BE TAKEN THE DAY OF THE EVENT IF SPACE PERMITS, 250 MAXIMUM ENROLLMENT
ANY QUESTIONS PLEASE CALL THE RECREATION DIVISION AT 860.638.4500.**



Saturday, April 29th, 2017

Check In / Registration 7:30 am - 9:30 am

Fishing Derby 8:30 am – 10:30 am

Awards 10:45 am

FREE NATURE WALKS FOR ALL AGES

with Beth Lapin, Ecotherapist



FEBRUARY NATURE WALK **ALL AGES**

Sunday, February 5

Cancelled if inclement weather

Time: 10:00 a.m.~11:30 a.m.

Location: River Road, meet at Harbor Park, between restaurant and boat houses



GPS: 80 Harbor Drive Dress for the weather, wear hiking shoes, and bring a light snack and water. Children under age 16 must attend with an adult 18+. This is an easy hike along the Connecticut River.

Registration No.: 449060

General Registration Form

MARCH NATURE WALK **ALL AGES**

Sunday, March 5

Cancelled if inclement weather

Time: 10:00 a.m.~11:30 a.m.

Long Hill Estate, from Main/Washington Street intersection

travel 1.4 miles west on Route 66/Washington St. Turn left on West St. (Walgreens is on the corner). At 0.8 miles, turn right onto Wadsworth St. Driveway to the Mansion is 0.2 mile on left
GPS: 421 Wadsworth Street Dress for the weather.
Children under age 16 must attend with an adult 18+.



This is a mostly level loop walk through the park.

Registration No.: 449060

General Registration Form

APRIL NATURE WALK **ALL AGES**

Sunday, April 2

Cancelled if inclement weather

Time: 10:00 a.m.~11:30 a.m.

Location: Hubbard Brook Preserve: take Route 9 or Route 154 to Aircraft Road (exit 10 from Route 9). Follow Aircraft Rd. about 2.5 miles, turn right onto River Rd., parking on left ~1 mile from River Rd./Aircraft Rd. junction (GPS: 3556 River Rd.). Dress for the weather, wear hiking shoes, and bring a light snack and water. Children under age 16 must attend with an adult 18+. A mostly level walk including views of the Connecticut River.

**In every walk
with nature
one receives far more
than he seeks.**

Registration No.: 449060

General Registration Form



MULTI~USE TRAILS

All Ages

April through November

The trail starts on Middletown Street near Bradley Street intersection, south to Smith Street, East on Smith to Westlake Drive to just past Russett Park. There the trail crosses to the other side of Westlake Drive and continues as an off road trail along the Mattabesset River for another 2 miles, until it reaches Tuttle Place. From Tuttle Place, the trail loops back to the west along Tuttle Road, turns on Moss Glen, and reconnects with the main section of the off road trail.

**Find the link on our city website for the
Multiuse Trail System**

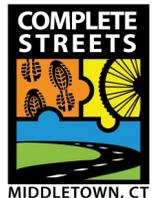
middletownplanning.com/documents/MdtnTrailGuide.pdf

Joggers, walkers, strollers, cyclists, wheelchairs, and rollerblades are welcome to enjoy the trail!

COMPLETE STREETS COMMITTEE

The Complete Streets Committee works to provide better sidewalks, bike routes, and multiuse trails for safe walking and bicycling in Middletown.

The most complete, consolidated, easy to access, and current information on Middletown bike trails and routes:



http://thejonahcenter.org/?page_id=142

MIDDLETOWN IN MOTION

A series of short walks through downtown Middletown. Walking is a terrific aerobic exercise. The downtown walk begins at the Police Station and consists of the 1 mile "Downtown Loop," accessible for wheelchairs & strollers. The "River Route" is a 1/2 mile extension of the "Downtown Loop," and is wheelchair accessible. The North End Walk begins at Macdonough School & is comprised of Liberty St & Pearl St. loops.

Maps available:

Municipal Building 245 DeKoven

Middletown Police Department 222 Main Street

Senior & Community Center 61 Durant Terrace

Select downtown and North End merchants

http://www.cityofmiddletown.com/filestorage/117/121/149/Downtown_Route.PDF

http://www.cityofmiddletown.com/filestorage/117/121/149/North_End_Route.PDF

ZENTANGLE ®

Ages 14+

Wednesday

March 8th

Time: 7:00 - 9:00 p.m.

Location: 61 Durant Terrace Art Room

Fee: \$ 30 Residents per class
\$ 35 Non-Residents per class

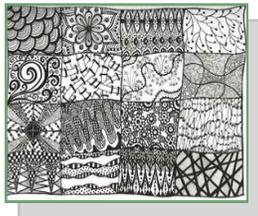
Includes all supplies

Instructor : Pam Hartz Miller, CZT

You will learn the art of Zentangle. Open yourself to new possibilities and tap into your creativity. Zentangle is an easy to learn, relaxing method of drawing beautiful, repetitive patterns and is often described as a meditational art form. It is a practice that is relaxing, boosts creativity, increases focus and results in beautiful creations!

Best of all, no art talent or experience is necessary.

Registration No.: 348130 General Registration Form



ZENTANGLE ® TANGLED GARDEN

Age 14 +

Wednesday

March 15th

Time: 7:00 - 9:00 p.m.

Location: 61 Durant Terrace Art Room

Fee: \$ 30 Residents per class
\$ 35 Non-Residents per class

Includes all supplies

Instructor : Pam Hartz Miller, CZT

Reflect the flow of nature with Zentangle patterns that are based on plants, flowers or leaves.

Plant a garden on paper!

Students need to take the basics class before taking this class.

Registration No.: 348130

General Registration Form



DROP~IN VOLLEYBALL

Ages 18+

Wednesdays

Feb 1 ~ March 15

Time: 6:15 p.m.~8:45 p.m.

Snow School Gym

Fee per Session: \$28 resident
\$35 nonresident

Play is intermediate to advanced.

Registration No .: 536010

General Registration Form



ACRYLICS & APPETIZERS

Ages 16+

Fridays

February 10

April 7

5:30 — 7:30 p.m.

\$10 residents | \$12 nonresident

Dining Room, 61 Durant Terrace

Grab your closest friends and come paint with us!

This new, cost friendly, and social event will leave you with a new masterpiece to take home at the end of the two hour session.

Registration No .: 329080

General Registration Form



JEFF THE PLANT GUY

Ages 10 - Adult

Friday March 10

A SPOT OF TEA: A history of tea, come and start your own tea plantation. You will receive some tea plant seeds "Camellia Sinensis" and everyone can take a planted tea seed to grow?

Time: 6:30 pm

Site: Dining Hall 61 Durant Terrace

Fee: \$5 residents
\$7 non-residents

Pizza served with presentation & a great activity for families.

Ages 16 & under must be accompanied by an adult.

Registration No.: 148090

General Registration Form



SPRING ROWING Ages 19+

Dates to be announced in Spring brochure

Times: 6:00 – 8:00pm

Fee: TBD

John K. Smith Boat House at Harbor Park Middletown

The spring rowing session for experienced rowers only.

Space is very limited so sign up as soon as rates are established. All rowers may need to rotate into the coxswain seat at some point during the spring.

Coaching will be available during each session.

Weather and river height is sometimes an issue

this time of year. Land workouts

may be necessary.



GRANDPARENT RELATIVE CAREGIVER RESOURCE GROUP

Middletown Senior Center
61 Durant Terrace
Second Tuesday of the month

Dates: February 14
April 11

Time: 10:00 a.m. ~ 12:00 p.m.



Location: Cromwell Town Hall
41 West Street

Days: Second Thursday of the month

Dates: January 12
March 16

Time: 12:00p.m. ~ 1:30 p.m.

If you are raising your grandchild or a relative's child please join us! Most meetings include a guest speaker with time to share your thoughts and concerns.

Registration No 669020
General Registration Form

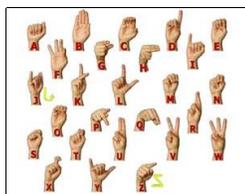
CONVERSATIONAL SIGN LANGUAGE

Ages 16 +

Days: Mondays

Dates: March 6, 13, 20, 27
April 3 and 10

Time: 6:00 p.m.~ 7:30 p.m.



Location: Senior & Community Center
Socialization Room
61 Durant Terrace

Fee per Session: \$60

Learn Conversational Sign Language with Keith Vinci.

Registration No 124218
General Registration Form

HARVARD PILGRIM MIDDLETOWN HALF

MARATHON AND LEGENDS 4~MILE

April 2017 Middletown

Start Time: Kids 10:45 AM; Half & 4~Mile 11:30 AM

The Harvard Pilgrim Middletown Half marathon starts and finishes on Middletown's Main Street.

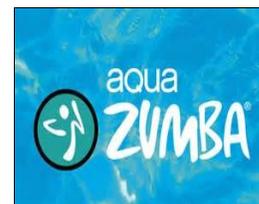
Please register for the marathon at:

<http://marathonandahalf.com/Harvard~pilgrim~middletown~half~marathon.html>



AQUA ZUMBA!

Ages 14+



Sundays

Session One Jan 8 - Feb 12
Session Two Feb 19- March 12

Times: 12:45—1:30 p.m.

Fee per session: \$50 residents
\$55 nonresidents

Woodrow Wilson Middle School Pool

Come join certified instructor Briana O'Leary for her Aqua Zumba classes! No experience required. Those looking to make a splash by adding a low impact, high energy aquatic exercise to their fitness routine.

Registration No 213090
General Registration Form

LINE DANCING

Ages 16+

Days: Thursdays

Dates: January 12 and 19
Snow Date January 26

Games: 6:30 - 8:00 pm

Location: 61 Durant Terrace
Multi - Purpose Room

Fee: \$ 5 Resident
\$ 10 Nonresident



Line Dancing

A line dance is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows without regard for the gender of the individuals, all facing either each other or in the same direction, and executing the steps at the same time.

Registration No 548140-01
General Registration Form

LINE & PARTY DANCES FOR THE WHOLE FAMILY ALL AGES 8+

Refreshments Served

Days: Saturday

Dates: February 4
11:00 - 12:30 pm

Location: 61 Durant Terrace Multi - Purpose Room

Fee: \$ 5 Resident \$ 10 Nonresident

Dances from the Alley Cat to The Cupid Shuffle to the Wobble



ADULT EXERCISE

Ages 18+

Thursdays

Sessions January 5 ~ June 29
July 6 ~ December 28

No Class Dates: School Holidays & Snow Days

Time: 6:45 p.m.~7:45 p.m.

Site: Woodrow Wilson Middle School Gym & Pool

Session Fee: \$20 resident 18+; Free resident 60 +
\$50 all nonresidents

Instructor: Shirley Milardo

Exercise at your own pace!

Registration No .: 533020 (18+)
563020 (60+)

General Registration Form



WATER FITNESS

Ages 18+

Mondays & Thursdays

Sessions: January 5 ~ June 29
July 3 ~ December 28

No Class Dates: School Holidays & Snow Days

Time: 7:00 p.m.~8:00 p.m.

Site: Woodrow Wilson Middle School Pool

Fee per Session: \$20 resident; Free resident 60+
\$50 nonresident

The buoyancy and constant resistance from the water creates a safe environment to focus on body conditioning. Expand your range of motion, breathe deeper and fuller, strengthen and balance muscle groups, and condition slow and quick reflexes.

Registration No .: 531020 (18+)
561020 (60+)

General Registration Form



CIRCUIT TRAINING

Ages 18+

Mondays & Thursdays

Sessions: January 5 ~ June 29
July 3 ~ December 28

No Class Dates: School Holidays & Snow Days

Time: 6:15 p.m.~7:00 p.m. OR
7:00 p.m.~7:45 p.m.

Site: Woodrow Wilson Middle School Weight Room

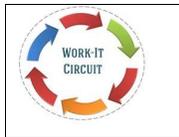
Fee per Session: \$20 resident 18+; Free resident 60+
\$50 all nonresidents

Instructor: Doug Bransfield

This is a circuit training program and is open to all levels. An instructor will monitor and suggest appropriate lifting techniques. No equipment is required.

Registration No .: 533010 (18+)
563010 (60+)

General Registration Form



LAP SWIMMING

Ages 18+

Mondays & Thursdays

Sessions: January 5 ~ June 29
July 3 ~ December 28

No Class Dates: School Holidays & Snow Days

Time: 8:00 p.m.~8:45 p.m.

Site: Woodrow Wilson Middle School Pool

Fee per Session: \$20 resident; Free resident 60+
\$50 nonresident

Registration No : 531030 (18+)
561030 (60+)

General Registration Form



BADMINTON

Ages 18+

Thursdays

Session: Now— June 8

No Class on School Holidays & Snow Days

Time: 7:30 p.m.~9:30 p.m.

Site: Woodrow Wilson Middle School Gym

Instructor: Jim Homer jameshoner@comcast.net

Fee per Session: \$35 resident
\$45 nonresident

Players must provide own rackets.

Registration No .: 536030
General Registration Form



THINK POSITIVELY
EXERCISE DAILY
EAT HEALTHY

All Levels Yoga

No Experience Necessary

Ages 16+

Days: Wednesdays ~ 5 Week Sessions



Session 1

January 11

January 18

January 25

February 1

February 8

No Class February 15 and 22

Session 2

March 1

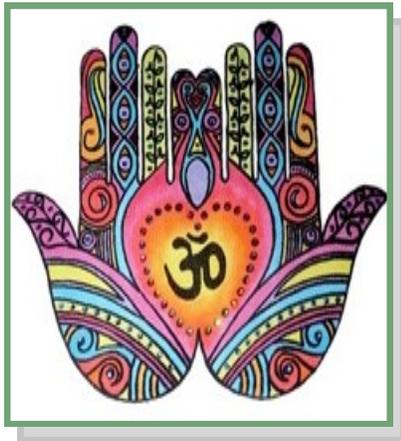
March 8

March 15

March 22

March 29

No Class April 5



Session 3

April 12

No Class April 19

April 26

May 3

May 10

May 17

Fee: \$ 45 Residents \$ 50 Nonresidents

Time: 5:30 p.m. ~ 6:30 p.m.

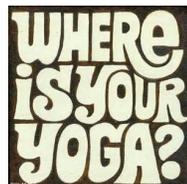
Location: Multi-Purpose Room, 61 Durant Terrace

Instructor: Suzan Sirois~Riesbeck, RYT

Yoga for any level of practice: A well balanced mix of Yoga Poses, Breathing and Relaxation exercises to develop a stronger body and mind. This series is designed to reinvigorate your soul and strengthen the body mind connection. Modifications will be provided on an individual basis to personalize the practice to your capabilities. Equipment needed: yoga mat; wear comfortable clothing.

Registration No : 128090

General Registration Form



MENS BASKETBALL LEAGUE

Ages 23+

Days: Thursdays only

Dates: April 6 – June 8

Games: 6 pm, 7 pm or 8 pm

Location: Vinal Tech High School

Individual Registration Fee: \$15 Resident

\$20 Nonresident

Team Fee \$450.00

Contact Dean Wilborn at 860.638.4503 to register

There is a minimum of five men per team and a maximum of ten.



PAINT RECYCLING

Leftover paint can be brought year
around to a local PaintCare location.

Middletown Area Locations are:

Ace Home Care, 480 South Main St 860-347-6588

Sherwin Williams, 50 Berlin Rd Cromwell 860-635-1848

*Will take up to five gallons at a time from CT residents and businesses.

Go to www.paintcare.org for more information.

Household Hazardous Waste and Paper Shred Events

The City is planning Spring 2017 events for residents to
properly dispose of household hazardous waste and
shred personal documents. Contact the City Recycling



Coordinator at kim.orourke@middletownct.gov to get on the email
list to notify you when dates are set.



Textile Recycling

In CT we throw away over 96,000 tons of textiles every year.

Recycle more

At Woodrow Wilson Middle School

Bin located in parking lot across from BOE.

Bring all used textiles—clothing, linens, stuffed animals, backpacks,
shoes, bedding. Soiled and mismatched are acceptable. Nothing wet.

No mildew.

Proceeds go to the recycling program at WWMS.

Middletown Recycling



D.E.E.P. BOATING COURSE

All ages - Must be able to pass the written test.

Session 1

Tuesday & Thursdays

March 14, 16, 21 & 23

Times: 6:30 p.m. ~ 9:00 p.m.

Session 2

Tuesday & Thursdays

May 9, 11, 16 & 18

Times: 6:30 p.m. ~ 9:00 p.m.

Senior & Community Center 61 Durant Terrace

Fee: \$15 resident; \$20 nonresident

This is a 10 hr. course taught by the CT DEEP Boating Division and fulfills the requirements for a State Boating Certificate and/or a Certificate of Personal Watercraft Operation. After successful completion the student can send in the application and the appropriate fee to obtain the certificate.

Registration No 648010

General Registration Form

SPRING FLORAL ARRANGEMENT WORKSHOP

Ages 16 +

Friday 6:00 – 7:30

Dates: April 28

\$ 10 residents

\$ 15 nonresidents



Come create your own spring floral arrangement. We will provide everything you will need to create your own masterpiece. But if you would like to bring your own decorative container, you may.

Registration No 428090-02

General Registration Form

LADY KATHERINE CRUISE

50+ Middletown Residents Only

Nonrefundable Fee: \$1.00

REGISTRATION BEGINS APRIL 3

Wednesday May 24



Arrive at the Dock at Harbor Park at 9:30 a.m. Boarding starts at 9:30am and will end at 9:50am, to ensure a 10:00am departure.

Please SAVE your receipt!

It is your boarding pass.

Participants with their boarding pass will be allowed to board the boat first, then those registered without their boarding pass and finally all waitlist participants may be able to board if there is still space.

Cruise departs PROMPTLY at 10:00 a.m. and returns at 12:00pm.

Sail the Connecticut River on the Lady Katherine; coffee and pastries provided!

The boat has three levels with a bathroom on the lower level.

Registration No .: 357010

General Registration Form

Maple Sugaring in the Berkshires

Saturday March 11

Fee: \$100



Visit Ioka Valley Farm’s Sugar House and watch the fascinating process of turning fresh maple sap into pure maple syrup. Enjoy a pancake lunch in the “Calf-A,” which serves pancake meals with their own maple syrup during the sugaring season. This trip also includes admission to the Norman Rockwell Museum, which is dedicated to education and art appreciation inspired by the legacy of Norman Rockwell.

Registration No.: 131417

General Registration Form

Bronx Zoo

Saturday May 6

Fee: \$90

Children (3—12) \$80



This trip includes admission to the Bronx Zoo, including the “TEX” Package (Congo Gorilla Forest, Butterfly Zone, Children’s Zoo, Bengali Express Monorail). Dining options at the zoo include the main restaurant, Dancing Crane Café, which is open year-round serving hot & cold dishes as well as snacks and beverages. It has indoor & outdoor seating over-looking a natural marsh. Tables for boxed lunches are also available here. There are additional café & food stands open, weather-permitting, throughout the park.

Registration No.: 131417

General Registration Form

Albany NY Tulip Festival

Saturday May 13

Fee: \$80



A highly anticipated spring tradition continues when over 100,000 tulip bulbs blossom into a sea of colors just in time for Mother’s Day. There will be children’s activities, craft vendors, delicious food and multiple stages with nationally acclaimed musical performances. On Saturday afternoon, The Albany Tulip Festival Queen will be crowned. This event takes place every year in Washington Park. Albany has long been known for their hundreds of thousands of brilliant tulips which bloom each Spring in a magnificent tribute to the capital city’s Dutch heritage.

Registration No.: 131417

General Registration Form

Rhinebeck Arts Festival

Saturday June 24

Fee: \$80



The Rhinebeck Arts Festival is located in Rhinebeck, New York the heart of the Hudson Valley. It is a perfect destination for an early summer outing! Locals and tourists will have the opportunity to meet a unique mix of emerging and seasoned artists whose extraordinary skill and vision help make this one of the region’s most anticipated annual events. This trip includes admission to the Rhinebeck Arts Festival at the Dutchess County Fairgrounds. Enjoy great live music, interactive art experiences, craft demonstrations, family activities, gourmet specialty foods and much more!

Registration No.: 131417

General Registration Form

Lobster Fest and Matinee

Newport Rhode Island

Monday July 31

Fee: \$130



This event includes the magnificent Lobster Fest Buffet, a matinee show, and an after-theater cabaret. The play at the Newport Play house will be “BAGGAGE,” which is about two difficult, single people, Phyllis and Bradley, both trying to heal from their respective disappointing relationships, get their luggage mixed up at the airport. After a very disagreeable first encounter, the two decide to help each other get over their heartaches by forcing a friendship that eventually leads to the two discovering that while they may be too difficult for everyone else in the world—they are perfect for each other.

Registration No.: 131417

General Registration Form

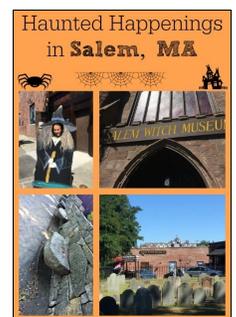
Haunted Happenings Salem Massachusetts

October 28

Salem Witch Museum \$80

Cry Innocent \$ 85

Salem Witch Museum & Cry Innocent \$ 95



You are invited to America’s most exciting Halloween Festival in the bewitching seaport of Salem, MA. Salem may be most widely known as the site of the Salem witchcraft trials of 1692, but this is also a colorful, coastal city with a rich maritime heritage, an impressive display of historic architecture and amazing stories that span almost four centuries. The trip includes admission to The Salem Witch Museum, “Cry Innocent: The People Versus Bridget Bishop” at Salem’s Old Town Hall, in which you serve as the Puritan jury in witch trial, and leisure time to enjoy the “Haunted Happenings”.

Maps, Restaurant Suggestions & Event Schedules will be provided.

Registration No.: 131417

General Registration Form

Macy's Thanksgiving Day Parade

Broadways Longest Running Show

Thursday November 23 2017

Fee: \$70



This spectacular and colorful parade winds through the streets of Manhattan—in one of the Big Apple's most eagerly anticipated events. The Macy's Thanksgiving Day Parade kicks off the holidays with unparalleled pomp and pageantry. The scale of this event is immense: more than 3.5 million people view the parade live along the parade route and more than 50-million viewers tune in to the television broadcast. Spectators watch in awe as 10,000 participants including the nation's best marching bands, performance groups, giant helium balloons, breathtaking floats and the one-and-only Santa Claus pass before their eyes. The most popular holiday parade in America, the Macy's Thanksgiving Day Parade has been a Big Apple tradition since 1924.

The coach will drop off at FAO Schwartz—5th Avenue between 58th & 59th Streets—Walk across Central Park by the Plaza Hotel

Registration No.: 131417

General Registration Form

Christmas Spectacular

Radio City Music Hall

Monday December 4

Fee: \$ 115

Lights twinkling on the tree, skaters gliding across the ice, carols ringing in the air—and the annual Radio City Christmas Spectacular. Be part of the holiday magic! Rockefeller Center is the nation's favorite Christmas destination. The spirit of the laborers who decorated the first tree on the site almost 70-years ago lives on in the giant, gloriously lit spruce that graces the Plaza throughout the holiday season. And for weeks, happy kids and harried commuters are stopped in their tracks by the sight of the gossamer angels with golden trumpets and the sound of holiday music in the air. For over 80-years, the Radio City Christmas Spectacular, starring the Rockettes, has continued to create lasting memories for generations of families that have made this cherished show a holiday tradition. Since 1932, the Christmas Spectacular has played at the famed Radio City Music Hall and today's show still features beloved favorite numbers including the Parade of the Wooden Soldiers and the Living Nativity, which have been performed since the beginning.

Includes: Christmas Show ticket, leisure time for shopping, dining, & sightseeing.

Registration No.: 131417

General Registration Form



Boston Red Sox

OPENING DAY

\$140.00

Monday, April 3rd



PITTSBURGH PIRATES vs BOSTON RED SOX

First Pitch: 1:05 pm

Trip Includes:

Charter Bus, Cookout before the game, ticket to the game

Come with us as and enjoy the spectacle that only opening day can bring.

Registration No.: 131417

General Registration Form

Nascar: Dover Delaware

Race Time: 1:00 pm

June 4th

\$165 First Turn : Row 20-25

\$200 First Turn: Row 40-45

We love this trip and the race track.

The one mile race track is amazing.

Its a great place to watch a race.

Trip Includes: Charter Bus, Ticket to the Race, Cookout before and after the race. Games and prizes on the bus.

Registration No.: 131417

General Registration Form



Belmont Stakes

Belmont NY

Saturday June 10th

\$200

Trip Includes:

Chatter Bus, Ticket to the Race

Breakfast before the race, games and prizes.

The Third Jewel of the Triple Crown.

Great day to spend at the track.

You will stay for 11 races...typically the Belmont is the 10th race.

Registration No.: 131417

General Registration Form



Middletown Senior Services Programming (60+)

Bus Trips

- ✦ Shopping
- ✦ Restaurants
- ✦ Museums
- ✦ Casinos

The Arts

- ✦ Ceramics
- ✦ Oil Painting
- ✦ Social Painting



Food

- ✦ Daily Lunch
(CW Resources)



Fun!

- ✦ Bingo
- ✦ Bocce
- ✦ Ping Pong
- ✦ Baking/Cooking
- ✦ Gardening
- ✦ Themed Dinners
- ✦ Entertainers
- ✦ Monthly Birthday
- ✦ Game Shows



Information & Assistance

- ✦ Guest Speakers
- ✦ Municipal Agent for the Elderly/CHOICES

Physical Fitness

- ✦ Exercise with Ronna
- ✦ Therapeutic Fitness
- ✦ Arthritis Exercise
- ✦ Dancing for Joy
 - ✦ Tai Chi
 - ✦ Yoga

Health Services

- ✦ Blood Pressure
- ✦ Foot Care
- ✦ Massage Therapy
- ✦ Reiki Therapy
- ✦ Reflexology
- ✦ Screenings
- ✦ Speakers





Middletown Parks and Open Spaces	Location	Size	Accessible	Telephone	Electricity	Reservation Needed	Picnic Facilities	Tennis	Playground	Basketball	Little League Field	Soccer Field	Football Field	Baseball Field	Softball Field	Fishing	Swimming	Punting	Ice Skating	Hiking Trails	Historic Monuments	Bathrooms	Open Space
Alsop Property	Newfield Street	15.20 acre																					X
Bartholomew Playground	Bartholomew Road	.40 acre							X														
Butternut Hollow	Butternut Street	5.90 acre				X		X							X			X					
Columbus Point	Harbor Drive	.75 acre	X	X		X									X						X		
Country Club Soccer Fields	Country Club Road	40.00 acre														X							X
Cucia Park	Smith Street	4.40 acre					X								X								
Daniels Schwarzkopf Cons. Area	Old Johnson Lane	65.00 acre																					X
Dobson Circle	Denison Road	3.30 acre																					X
Donovan Park	Stack Street	2.25 acre	X						X	X	X	X											
Guida Conservation Area	Coleman Road	100.00 acre																		X			X
Harbor Park	Harbor Drive	2.60 acre	X	X		X									X		X					X	
Hubbard	Chamberlain Hill Road	131.00 acre																					X
Hubbard Park Little League	East Main Street	3.50 acre	X								X												
Hubbard Tract	Westfield Street	22.00 acre																					X
Long Hill Estate	Wadsworth Street	106.00 acre																					X
Long Hill Soccer Fields	Long Hill Road	38.00 acre																					X
Marzalek Park	Middlefield Street	.50 acre							X														
McCarthy Park	Hotchkiss Street	2.40 acre							X														
McCutcheon Park	Livingston Road	104.60 acre	X	X	X	X	X				X	X		X	X	X	X		X		X	X	X
McCutcheon Wildlife Sanc.	Livingston Road	29.74 acre												X	X					X			X
Middletown Nature Garden	Randolph Road	17.90 acre	X			X														X			X
Newfield Meadows	Mile Lane	144.00 acre																					X
Palmer Field	Bemie O'Rourke Drive	6.70 acre	X	X									X	X								X	
Pat Kidney Field	Farm Hill Road	9.00 acre	X	X			X	X	X		X		X	X								X	
Pillarella Field	Kaplan Drive	2.10 acre									X												X
Ravine Park	Highland Avenue	8.80 acre														X			X	X			X
Roosevelt Park	Miller Street	2.00 acre							X	X													
Smith Park	Country Club Road	80.00 acre	X	X		X	X	X	X	X	X			X						X		X	X
Spear Park	Main Street	2.20 acre	X		X		X														X		
State Land (CVH)	Maromas	56.00 acre																					X
Swales Pond	Wadsworth Street	1.50 acre													X			X					
Town Farms Park	River Road	6.00 acre													X								X
Tynan Memorial Park	Higby Road	30.16 acre																		X			X
Union Park at South Green	Main Street	1.30 acre	X		X																X		
Veteran's Memorial Park	Newfield Street	41.00 acre	X		X	X	X	X							X	X				X		X	
Veteran's Memorial Green	Washington Street	3.30 acre																			X		
Westfield Falls	Miner Street	2.00 acre																					X
Wilcox Islands	Connecticut River	16.50 acre																					X
Wille Pep Skateboard Park	DeKoven Drive	2.25 acre							X														
Zoars Pond	Randolph Road	24.70 acre													X			X					

Please call (860) 638-4520 with questions.

Thank You!

Middletown Recreation would like to thank all the friends of Recreation that support our many programs for children and families that are not city funded. We could not hold our annual Fall Festival, Downtown Trick or Treat, Family Fun Night, Pumpkin Decorating, Hot Shot Contest, Pictures with Santa, Bingo, Easter, or the Christmas Workshop without your continued support and generosity.

Special thanks to the following local businesses for their outstanding generosity:

Aldi's | Amato's Toys | Apple Rehab | Board of Education Employees | City of Middletown Employees
Civitan Club of Middletown | CVH | Downtown Business District | Dunkin Donuts | Eli Cannons
Foresters Financial | Guilmartin DiPiro and Sokolowski | Gotta's Farm of Portland | Kiwanis Club of Middletown
Keegan's | Lyman's Orchards | Malloves Jewelers | McDonalds | Metro Movies | Middletown Garden Club
Middlesex Chamber of Commerce | Middlesex Court House & Their Divisions | Middlesex Eye Physicians
Middletown Schools | Middletown Fire | Middletown Parks Division | Middletown Police | Officer Anthony Knapp
South Fire | Westfield Fire | The River Suite Wealth Partners | Sodexo | Stop & Shop | Suburban Stationers | Wild Orchid

Photography Contests

Middletown Residents Only

"Capture the Spirit, Beauty and Character of Middletown"

Age Groups: 12 - 17, 18- 59, 60+

- ◆ **1st place prize:** \$20 Gift Card and the picture will appear in our next brochure, on our Facebook page and at our exhibit.
- ◆ **2nd place prize:** \$10 Gift Card and the picture will appear in our next brochure, on our Facebook page and at our exhibit.
- ◆ Must be captured in Middletown within the last 12 months by the entrant. Photo must be original work of entrant.
- ◆ One entry per contest per person. Amateurs only (never been paid for your work)
- ◆ Any camera or cell phone can be used. Photos cannot contain any trademarks, brands, logos or copywrited material.
- ◆ Color or Black & White (max 10MB) jpg, png or bmp only
- ◆ A panel of judges will review and make judgments based on general appeal, originality, composition and artistic merit.
- ◆ An exhibit and reception will be held annually in April and pictures will be displayed.
- ◆ Submit your picture as a digital image to rec@middletownct.gov or as a 5x7 glossy print to:
- ◆ Middletown Recreation and Community Services 61 Durant Terrace Middletown
- ◆ **Must register online, via mail, or in person at The Senior & Community Center**



Community Gathering

Photography Contest

Due by Feb 1, 2017

Judged approximately

Feb15, 2017

Activity # 519100

General Registration Form

People Playing

Photography Contest

Due by May 1, 2017

Judged approximately

May 15, 2017

Activity # 519100

General Registration Form

Nature

Photography Contest

Due by Sept 1, 2017

Judged approximately

September 15, 2017

Activity # 519100

General Registration Form

Pets

Photography Contest

Due by January 1, 2018

Judged approximately

January 15, 2018

Activity # 519100-3

General Registration Form



1st Place
Age 18-59
Vishal Shah

Congratulations!

Winners
from the
Fall
Photography
Contest!

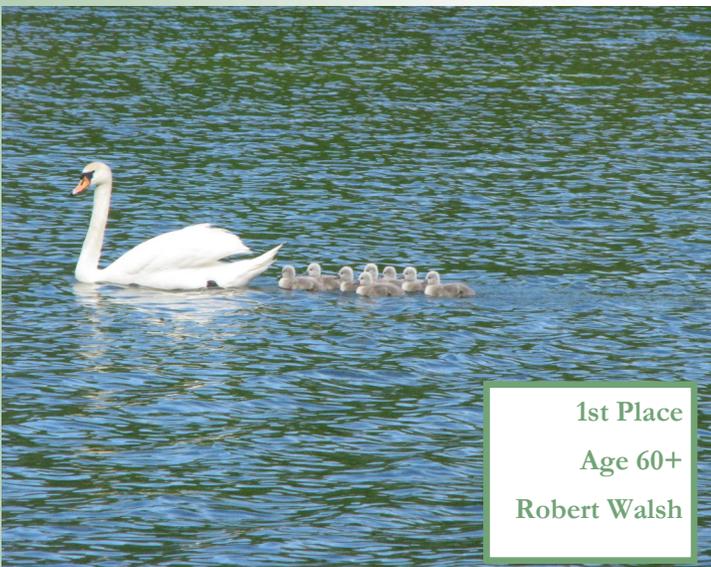
“Nature
Theme”



2nd Place
Age 18-59
Chaelyn Lombardo



2nd Place
Age 60+
Roberta Ritchie



1st Place
Age 60+
Robert Walsh